



Volume 03

www.unogateway.com

Issue 61

* Since 1913

Finding your place at UNO starts with parking

JOSIE LOZA

Parking. It's nothing new to college students - and faculty for that matter.

So motorists, beware of the university's blue army patrolling on and off campus.

The UNO campus security team is gearing up for the long lines, impatient drivers and inexperienced freshmen that are expected to wind their vehicles around filled parking lots, campus streets and other patches of concrete.

Paul Kosel, assistant manager of Campus Security, said he anticipates students will make a smooth transition to the fall hustle of classes, though.

Keeping on task with security's rules and restrictions is always beneficial to those new to UNO.

Campus commuters might notice that a few changes this fall include parking availability, an increase in the cost of parking permits and less parking validation stickers.

Although it may seem like a tradition for UNO to hike the price of parking permits right before the fall semester gets under way, that has not always been the case.

During the 1990's students did not pay more than \$35 for a year-round parking permit, Kosel said. Faculty, as well, didn't pay out more than \$50 for their claim to concrete.

So why the change? Roadwork, street and parking structure maintenance, not to mention the shuttle services offered by campus, is costly for the university, Kosel

The repair work is funded partly by parking permits and walletdraining parking tickets posted on violators' vehicles.

Students can expect to pay \$66 for a year-round permit, which is valid for day and night hours on campus. Those who plan to be on the university at night can anticipate a \$33 fee for an evening permit. permits were increased to year-round and \$47 for evening permits.

There are other passes available for students and faculty at various prices depending

on their hours on campus. Parking garage passes run \$27, which

includes a \$5 deposit for an access card. The cost of permits was about a 10 percent increase, Kosel said.

Several students find parking on campus is too much of a hassle. In that case,

Kosel said alternative parking lots on South Campus and Crossroads Mall are available

to students. About 18 shuttles make their rounds along the South Campus from 6:30 a.m. to 10:30 p.m. during university hours. Crossroads 30-passenger shuttles circulate the area between 7 a.m. and 6 p.m.

Parking permits are not required for Crossroads Mall. The one restriction, however, is that students are not allowed to park on the second level of the parking structure or on surface parking spots near

see PARKING, page 5



The first task most freshmen will face is not inside the classroom, it is in the parking lot. Students will face an increase in parking fees for the 2004-2005 school year.

Inside

News

Fewer deaths make young people complacent about HIV page 5

FEATURES Finding affordable living off campus

page 10

ENTERTAINMENT



Omaha's 150th celebration

page 22

New Cultural Awareness adviser joins UNO

J. PARKER ADAIR

News editor

When classes ended in May, many students were glad to have some time off to focus on other things. For a good portion of students, one of those focus points was what would happen to the Cultural Affairs program.

During the spring semester, Luis Muralles left his position as Cultural Awareness Programs/ Organizations Adviser for UNO. There was never any doubt that there would be a successor and that the program would go on, but the question was, "Who will be the adviser?"

One UNO student, Jeff Epting, helped the process along by talking to Sharif Liwaru, a UNO graduate. Liwaru interviewed, was offered the job and took it as a new challenge and a way to continue to give back to UNO.

In 1998, Liwaru graduated with a degree in Black Studies. Since then, he has worked with many programs around the Omaha area. Some of these include youth development at Boys Town and work with the YMCA. During that time, he volunteered at UNO helping out with clubs and being an alumni adviser to the Phi Beta Sigma fraternity

While Liwaru did have to give up a full time position with the Council Bluffs YMCA in June, he still gives back to the kids. Instead of working with YMCA and volunteering at UNO, he's reversed it.

"I am comfortable in the University atmosphere," he said. "I've been in similar types of programs before. My main challenge is getting

organization members on common ground with communication."

Having most of the summer to strategize for the upcoming year, Liwaru has many ideas to make things run smoothly.

"I am a big fan of Lotus notes," he said. "Students aren't aware how it can benefit them. I want to make everyone aware of Lotus notes."

Liwaru states that his two primary jobs are to provide resource and leadership development to clubs and organizations and to facilitate cultural

Most of the organizations Liwaru will deal with are cultural based ones. As for facilitating awareness, he has more ideas.

"I will help facilitate events, programs and speakers to expose diversity. I'll bring in a variety," he said. "Students learn a lot from the classroom, but they can learn more on the people side of it

Liwaru will work with Diversity Week and International Student Services, and stresses that he is open to suggestions.

"I was hired to be the coordinator," he said. "Not because I know everything, but because I'll listen. I don't mean to steal from anyone. I am going to help you."

He stresses the importance of putting all facets together to showcase the different cultures on the UNO campus.

"It doesn't make sense not to expose the students to the different cultures," he said.

While many will miss Muralles, Liwaru is a good fit that students can count on.

Contributor, art supporter Strauss dies

JOSIE LOZA

Staff Writer

Willis A. Strauss, who helped bring Omaha's business realm and the University of Nebraska to the forefront, has died.

Strauss died July 24 after suffering from cancer. He was 82.

Strauss worked as a top executive with Northern Natural Gas Co. for more than 20 years and pushed for a merger between Omaha University and the University of Nebraska.

Omaha-based Northern Natural, which was later named InterNorth Inc., grew under his administration.

Strauss was given national recognition for his efforts with in the natural gas industry during the 1970s energy crisis. The company even promoted civil rights by creating an urban affairs department in 1978 for local minority groups. Strauss retired in 1984 at the age of 62.

He also encouraged the first renovation of the Orpheum Theater and several downtown developments.

Strauss was an advocate in transforming the Ak-Sar-Ben property into a technologically advanced business and university development.

He served as chairman of Joslyn Art

see STRAUSS, page 13



Jews Briefs

COMPILED BY KIM BRYANT AND J. PARKER ADAIR

Editor-in-Chief and News Editor

Donations sought for Salvation Army's Back to School program

UNO is participating in the Salvation Army's Back to School program. The program provides new school supplies to metropolitan area children.

Five Salvation Army collection barrels are currently set up on campus. Faculty, staff and students can donate new school supplies by dropping off items at the following locations:

- The main entrance inside University Library;
- In front of the Milo Bail Student Center information desk;
- the MOEC office in 208 Kayser
- the first floor west entrance to Arts and Sciences Hall; and
- the lobby of The Peter Kiewit Institute.

The Salvation Army asks that only new items be given. The following school supplies are needed:

backpacks, cravons, markers, rulers, glue, erasers, spiral notebooks, two-pocket folders, three-ring theme paper; and pencils and pens.

The collection barrels will be on campus through today. The school supplies will be taken and assembled into backpacks by volunteers on Aug. 16 and 17. The backpacks will then be given out Aug. 19, 20 and 21 to children in Kindergarten through 12th grades and their families.

In addition to school supplies, the Salvation Army is seeking monetary donations and volunteers to help assemble and distribute the backpacks. For more information, call Tim Kaldahl in University Affairs at 554-3502.

Photo I.D. Office advocates

Capitol Hill Apartments -

LIFE

23

The photo ID office has relocated to the Business Office on the second floor of MBSC. The office was previously located in Eppley Administration Building, Room

The move, which is permanent, is in preparation for the fall 2004 introduction of a declining balance feature on the university ID card. More information about this new feature will be provided in the coming weeks.

The photo ID office issues the official UNO photo ID cards for faculty, staff and students, and takes the accompanying photos.

The move of the photo ID office does not impact the services offered by Photographic Services, which will remain in Eppley.

For more information about the photo ID office move, contact Brian Bollich at 554-3923.

Donations of luggage sought for Afghan teachers

The Center for Afghanistan Studies at UNO is seeking donations of luggage for future participants in the Afghan Teacher Education Project.

The center is anticipating the arrival of new groups of teachers from Afghanistan this coming school year. During their stay at UNO, the ATEP participants often accumulate many items they wish to take back to Afghanistan.

The donations should be limited to luggage that is either 22"x 14"x 9" (carry-on size) or large suitcases and duffle bags that total no more than 62" when the dimensions are combined.

All donations are sought by Sept. 1. For more information, contact Charity Stahl at 554-2376 or cstahl@mail.unomaha.edu. For more information about ATEP, go www.unomaha.edu/~world/ cas/?menu=atep&sub=page_one.

Summer commencement friday

More than 560 students will receive dégrees on Friday during

UNO's summer commencement. The event will begin at 2 p.m. at the Omaha Civic Auditorium, 1804 Capitol Ave. John Farr, associate vice chancellor for academic affairs, will deliver the commencement address. Dr. Farr served in a variety of positions at UNO, including associate professor of political science, assistant to the provost for program review and dean of the College of Continuing Studies.

UNO student and Scottsbluff, Neb. native, Joshua Sakala will present the student commencement address. He will graduate with a Bachelor of Science in biotechnology.

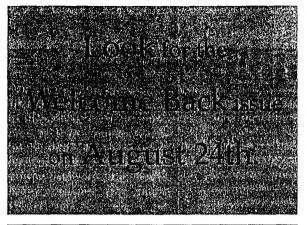
Elaine Spire will receive the Order of the Tower, UNO's highest non-academic award. Through extensive leadership and philanthropy, both she and her late husband, Robert, continue to support and promote the growth of the university.

Bob Danenhauer, director of athletics, will be presented with the Chancellor's Medal. He served as assistant athletic director from the fall of 1995 to the summer of 1997, when he was named to his current position. Division I ice hockey, women's swimming and diving, and women's soccer, tennis and golf are among the sports added to the UNO athletic program under Danenhauer's direction.

Richard Н. Christie, superintendent of schools for the Council Bluffs Community School District since 1988, will receive the UNO Alumni Association's Citation for Alumnus Achievement. His 38year career as an lowa educator also includes stints as an assistant high school principal, teacher and coach.

Shuttle buses for faculty/staff and individuals participating in the platform party will depart from UNO in front of the Milo Bail Student Center at 1 p.m. The shuttle will provide transportation back to the MBSC following the ceremony.

 $\stackrel{ extcolored}{\mathscr{E}}$ Austin Apartments



Campus crime log

COMPILED BY KIMBERLY BRYANT AND J. PARKER ADAIR

Editor-In-Chief and News Editor

Thursday, July 15

10:47 a.m. Staff member reported theft of personal property from Sapp Fieldhouse.

Friday, July 16

6 a.m. Transient removed from Scott Village and issued a Ban and Bar letter.

7:32 p.m. After the discovery of an alcohol violation, the student drove away almost hitting a Campus Security

Monday, July 19

4:14 a.m. Campus Security officer discovered theft from visitor vehicle parked in Lot J.

Monday, July 26

11:20 a.m. Staff member reported theft of university property from Annex 45.

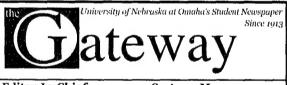
7:12 p.m. Campus Security officer discovered vandalism to private property in Roskens Hall.

Tuesday, July 27

2 p.m. Visitor reported theft of vehicle from Lot M.

Monday, Aug. 2

9:30 a.m. Staff member reported theft of three radios from University Village.



Editor-In-Chief Kimberly Bryant News Editor

J. Parker Adair Features Editor

• Crystal R. Reid Entertainment Editor Rae Licar Copy Editor

 Sarah Legg
 Photo Editor Josh Williamson
 Assistant Photo Editor
 Michelle Bishop
 Production Editor

Jeff Bazer Art Directors Jeff Bazer

Systems Manager Jeff Bazer

Advertising Manager Kristina Hamilton
 Advertising Production

Circulation Manager Bob Vacanti **Publications Manager**

Senior Staff Writers

Carol Buffington

Sommer LeinbachAngie Peck

Adviser

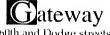
Chris Burbach

The Gaterony is published by the University of Nebraska at Omaha Student Publications Committee on Tuesdays and Fridays during the fall and spring semesters and on Tuesdays during the summer

Advertising inquiries should be directed to the Advertising Manager. Other inquiries and complaints should be directed to the Editor-In-Chief. Copies of the Student Publications Committee inquiry/complaint policy are available at The Gateron/s office, Milo Bail Student Center

The Cateway is funded as follows: 70 percent advertising revenue, 30

percent student fees allocated by Student Covernment.
Copyright 2004. All rights reserved. No material here may be reproduced without the permission of the Editor. One per student, 25 cents each.



60th and Dodge streets MBSC Room 115 Omaha, NE 68182-0197 Front Desk 554-2470 Advertising 554-2494

Editor 554-2352 Fax 554-2735

Convenience & Security All in One Location • Just Minutes from UNO and The Old Market Studios & 1 Bedrooms . Secured Entrance . Street & Lot Parking

Mag.

24-hr Emergency Maintenance • On-site Laundry • On Bus & Shuttle Routes Rents Starting at \$365 per month (All basic utilities & basic cable included for Capital Hill Apts. only)

Call Today to Reserve Your New Home!

ing Office hours: M-F 8am-5pm Weekend viewings by appointment only

320 North 22nd Street Omaha NE 68102 342-1119

Office@cha.omhcoxmail.com

Fewer deaths make young people complacent about HIV

EMILY RAMSHAW

The Dallas Morning News (KRT)

They learned about condoms in gym class and took Magic Johnson's message from TV commercials and highway billboards.

The slogan "Practice safe sex" was as common as "Buckle up for safety" and "Say 'No' to drugs."

Yet people younger than 25 who make up just one-third of the United States population account for about 50 percent of all new HIV infections in this country, according to the U.S. Centers for Disease Control and Prevention.

Young adults are particularly vulnerable, because they're under the false impression that HIV is a manageable disease, said Adele Webb, executive director of the Association of Nurses in AIDS Care.

"They see it as a chronic thing they think they can take a pill, so what's the big deal?" she said. "The only person they know with it is Magic Johnson, and as far as they know he's doing fine."

Most young patients are infected through sex, the CDC reports. Young white gay men continue to make up a significant number of those patients. But blacks are disproportionately

But blacks are disproportionately affected, accounting for more than half of these new infections.

The median age when an HIV

The median age when an HIV patient is first diagnosed with the disease has fallen steadily from 35 in 1978 to 25 in 1990, according to a study in the New England Journal of Medicine. Researchers haven't tracked the median age since then. But CDC epidemiologists say the trend persists, and they continue to see younger and younger patients.

For example, last year in Dallas County, Texas, nearly 30 percent of new infections occurred in people ages 13 to 29, according to the county's Health

and Human Services Department. But local AIDS specialists say that figure is too low. Closer to 45 percent of their newly infected patients are under 25, they estimate. And most come from poverty-stricken neighborhoods in Dallas.

Raeline Nobles, executive director of AIDS Arms, said young adults are

By the numbers:

Young adults (under 25) make up an estimated 50 percent of new infections. Blacks account for more than half of these new infections.

Across the nation, an estimated 40,000 cases of HIV/AIDS are diagnosed annually. Between 1995 and 2002, there has been a 70 percent decline in death, a result of treatment advances.

As recently as 2002, there were 9,400 people living with HIV/AIDS in Dallas, and nearly 42,000 in Texas.

Sources: U.S. Centers for Disease Control and Prevention; Texas Department of Health

part of the reason Dallas is the No.1 city in Texas for new infections. "We've talked about AIDS for 20 years now," she said. "But we're still dying out here."

Most people whose infection is diagnosed early and who receive treatment live more than 16 years from the day of infection, according to the CDC. Yet one in four infected people doesn't realize he or she has HIV until it's too late.

Don Maison, president and chief executive officer of AIDS Services of Dallas, said education can do only so much. Young people are always going to experiment.

"It has to do with the mentality you have when you're 18 years old," he said. "You think you're bulletproof. You're healthy; you're vibrant. Those behaviors, you don't think they'll affect you."

And the difference with this generation is that they haven't watched their peers die in the same numbers they did 20 years ago, said Paul Scott, executive director of the Resource Center of Dallas.

"It used to be, you had 10 friends and you were lucky if you had one left at the end of the year," he said. "They're not seeing the death."

rafrom PARKING, page 3

the mall.

The university invested about \$700,000 last year to provide shuttle services for students who wanted an alternative way of getting around campus, Kosel said.

Since shuttle services have been implemented last year at Crossroads, Kosel said the amount of parking tickets has slightly decreased.

During the period of July 1, 2003 to June 30, 2004, Kosel said about 22,000 tickets were issued. In the previous year, 24,778 tickets were found on several motorists' windshields.

Just incase you didn't know, parking tickets range from \$20 to \$30 depending on the violation.

The amount of people parking their vehicles in unauthorized areas decreased nearly in half from the previous year, Kosel said.

"Raising the fine probably helped," he said.

For those who have to appeal a parking ticket, Kosel said the student appeals court and campus security have pushed for a 30-day time period to file a complaint. Otherwise, the driver will forfeit their right to appeal.

"This is an attempt to get students to take care of (tickets) ASAP," he said.

Campus Security has tried to keep the suggestions of students and faculty members in mind while implementing new restrictions.

For instance, this year they are only requiring motorists to post a parking permit hanger on their windshield. Kosel said many universities are shifting to require the hanging permit only.

"It's something that other universities have done for a while," he said. "(University of Nebraska) Lincoln has had that for several years. We're probably behind the times with that"

For some reason, the validation sticker is too much to deal with, campus security officials have said. People tape them on to their vehicles instead of sticking them and it creates a lot of unnecessary appeals, Kosel said.

He cautioned if students don't take care of their new hanging permit it could end up costing them.

"Now if you lose your permit, you have to buy a new one," he said. "That's why we are encouraging people to lock their cars on campus. Not that I think they'll be a theft problem."

Other changes and additions made on campus include: Faculty parking along the west side of campus in Lot I near annex 45 has moved from the east side to the west of that area.

Two code blue phones were installed during the summer. The first phone was placed near parking Lot G, which is located southwest of Durham Science Center and the other outside the front porch of the UNO daycare center.





STUDENT ORGANIZATIONS AND LEADERSHIP PROGRAMS INVITES YOU TO GET INVOLVED ON CAMPUS

SORORITY RECRUITING

Monday, Aug. 16 - Friday, Aug. 20

CLUBS AND ORGANIZATIONS FAIR Thursday, Aug. 26, 11 a.m. - 1 p.m. Milo Bail Student Center plaza

LATINO HERITAGE MONTH ACTIVITIES Wednesday, Sept. 15- Friday, Oct. 15

STUDENT ORGANIZATIONS AND LEADERSHIP PROGRAMS OPEN HOUSE Wednesday, Sept. 8

HOMECOMING WEEK FESTIVITIES Monday, Sept. 27 - Friday, Oct. 1

STUDENT GOVERNMENT ELECTIONS Tuesday, Oct. 12 - Wednesday, Oct. 13

NATIVE AMERICAN HERITAGE ACTIVITIES

KWANZAA

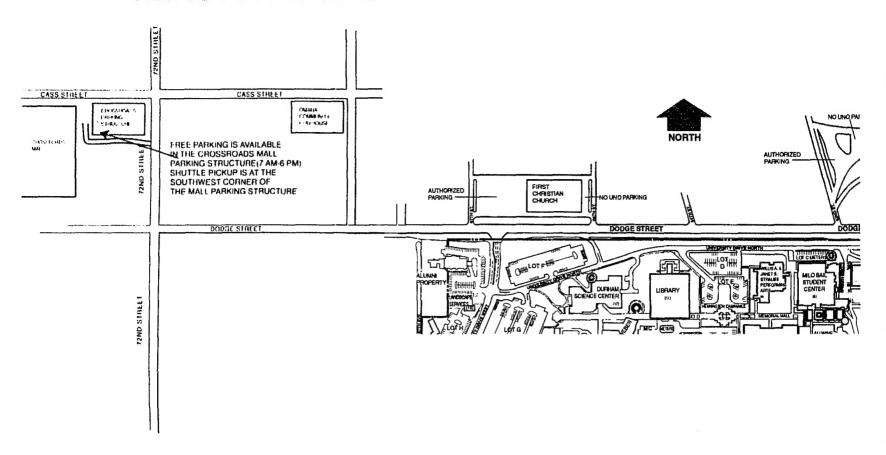
Thursday, Dec. 2

For more information, call 554-2711 or come into the Milo Bail Student Center, First floor.

The University of Nebraska Omaha is an affirmative action/equal opportunity institution. For special needs or accommodations, please let us know by calling 554-2711 (TTY 554-3799).

The bull stops here.

REMOTE PARKING





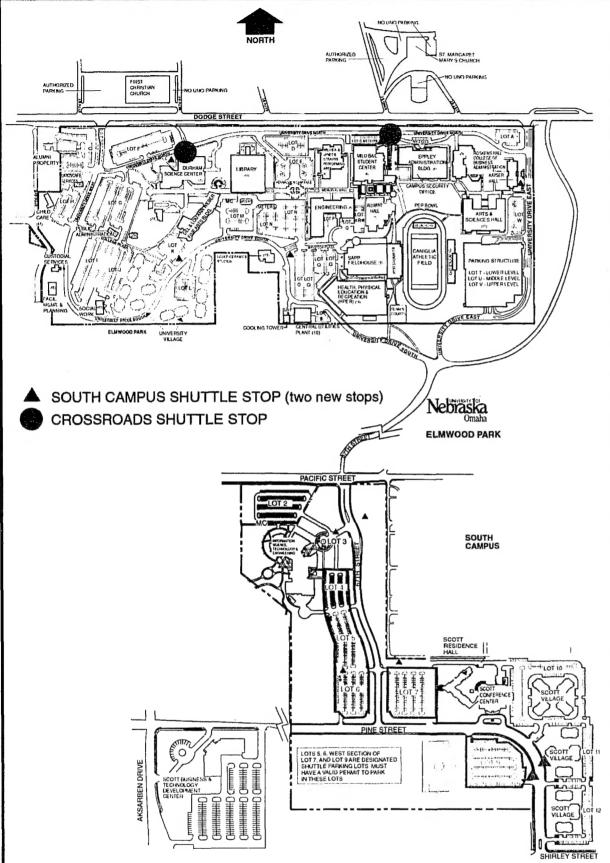
HEMOTE PARKING: Crossroads Wall Parking Structure.

UNO provides remote parking from the Crossroads Mall Parking Structure located at 72nd and Cass Streets. **Hours are 7 a.m. to 6 p.m.** Parking is permitted on levels 1, 3, 4, 5, 6 ONLY. (Not on level 2 or in regular surgace lots.) Shuttle service is provided free of charge and **no permit is required.**

Shuttle buses load and unload at the Southwest corner of the Crossroads Mall Parking Structure approximately every 15 minutes making stops ONLY north of the Durham Science Center and north of the Milo Bail Student Center. The Shuttle buses return directly to the Crossroads after the stop at MBSC.

The Remote Parking Shuttles will be marked to distinguish them from the Shuttle buses that service the Shuttle parking on the South Campus.

Campus Security **554-2648**



SHUTTLE PARKING: South Campus Lots 5, 6, 7 and 9

The University of Nebraska at Omaha provides Shuttle Parking on the South Campus between the hours of 6:30 a.m. and 10:30 p.m. Monday through Friday. **A VALID PERMIT IS REQUIRED.**

Shuttle buses leave the South Campus and the UNO campus approximately every 15 minutes making stops south of lot N, along University Drive South at the three-way intersection, south of Lot K along University Drive South, north of the Durham Science Center, north of the Milo Bail Student Center, east of Kayser hall, east of PKI (circle drive) in Lots 5, 6, 7 and 9, west of Scott Village and east of PKI along 67th Street.

The shuttle bus loads/unloads in Lots 5, 6, 7 and 9 on South Campus.

The shuttle parking buses will be marked to distinguish them from the remote parking buses that service the remote parking area at the Crossroads Mall.

Parking:

\$66 Student (Valid all day)

\$33 Student Night Only (Valid on campus after 12:30 p.m.)

\$77 GTA (Restricted to Faculty/Staff lots only)

Parking Structure Access Card, if available \$22

Parking Structure Access Card deposit \$5

Access to the Parking Structure will be available for a fee of \$1 after 12:30 p.m. No parking permit is required after 12:30 p.m. in the parking Structure.





Bush offers upbeat assessment on economy

RON HUTCHESON

Knight Ridder Newspapers (KRT)

Trying to ease voter concerns about the economy, President Bush offered an upbeat outlook Thursday and assured an Ohio audience that unemployed workers can find jobs.

"Some people are nervous. Of course, they're nervous, but there are jobs out there," Bush said during a questionand-answer session with supporters in Columbus.

With jobs and the economy a top concern for voters, Bush has tried to strike a balance between showing concern for struggling families and touting evidence of economic growth. In Ohio, an election battleground state hit hard by the loss of manufacturing jobs, he accentuated the positive by highlighting efforts to retrain workers who have lost factory jobs.

The president declared the state's 5.8 percent unemployment rate "good," but said he would like to see improvement.

"This is a changing world," Bush said. "The job picture changes and it requires new skill sets."

The president played the role of talk-show host in a 90-minute session that included testimonials from his supporters and questions from the audience. During his opening remarks, Bush choked up as he recalled an Oval Office visit with a group of Iraqi men.

The visitors had been fitted with artificial hands to replace limbs that had been hacked off by Iraqi authorities during Saddam Hussein's regime. Bush's voice cracked as he explained how one of the men used his artificial

hand to write "God Bless America" in Arabic with the president's pen.

But Bush took a far more jocular tone later as he roamed the stage with a wireless microphone.

"I feel like a talk show host," he joked. Bush also poked fun at himself when Phil Derrow, a local businessman who owns a firm specializing in compressed air, explained that he "sells air."

"You and I are in the same business," Bush replied. "Is it hot air, by any chance?"

Bush took some shots at his Democratic opponent, Sen. John Kerry of Massachusetts, and Kerry's running mate, Sen. John Edwards of North Carolina, on the issue of health care. Calling for limits on medical liability lawsuits, he alluded to Edwards' previous career as a trial lawyer who made a fortune on medical liability cases.

"You can't be pro-patient, pro-doctor and pro-trial lawyer. You have to make a choice," Bush told the crowd. "My opponent made his choice, and he put him on the ticket."

All of the questions were friendly. One man stood up merely to praise Bush, telling the president that his "candle burns brightly." Another woman praised his call for a constitutional amendment to ban gay marriages.

"I believe society is better off with a clear definition of traditional marriage," Bush said. "I am deeply concerned about the fact that this very sensitive issue is being redefined by the courts, not by the people."

Kerry says he may have backed Iraq war despite flawed intelligence

GROMER JEFFERS JR.

The Dallas Morning News (KRT)

John Kerry said Thursday that even knowing that intelligence on Iraq's weapons of mass destruction was faulty, he may still have supported a war to oust Saddam Hussein, but only after the United States had run out of diplomatic options and built a stronger alliance.

"Might we have wound up going to war with Saddam Hussein? You bet we might have, after we exhausted those remedies and found that he wasn't complying," Kerry told the Unity convention of minority journalists. "Ninety percent of the casualties are American, and almost all of the cost. Just think of that \$200 billion for these schools, for health care, for the things that we could be doing in America."

The Democratic nominee also criticized President Bush's immediate handling of the Sept. 11 terrorist attacks, noting that Bush stayed with a class of schoolchildren for several minutes after being told the second World Trade Center tower had been struck.

"Had I been reading to children and had my top aide whispered in my ear, 'America is under attack,' I would have told those kids very politely and nicely that the president of the United States had something that he needed to attend to, and I would have attended to it," Kerry said.

Former New York Mayor Rudolph Giuliani blasted Kerry's remarks, accusing him of borrowing attacks from the film "Fahrenheit 9/11."

"John Kerry must be frustrated in his campaignifheisarmchairquarterbacking based on cues from Michael Moore," Giuliani said in a statement distributed by Bush's campaign. "John Kerry is an indecisive candidate who

has demonstrated an inconsistent position on the war on terror."

Kerry also said he would convene an international conference on managing Iraq's transition to self-government, in order to help bring American troops home sooner. He did not specify a timetable.

The Massachusetts senator added that companies in other countries should be allowed to compete for reconstruction contracts "so that other people actually have an interest in coming to the table."

While national security was the major theme of Kerry's remarks, he also promised the journalists that he would work to help the country's poor and disadvantaged. He pledged to:

Send a health-care bill to Congress on his first day in office that would lower insurance premiums and provide coverage for the 44 million Americans who lack it.

Send Congress a reform bill that "lets immigrants earn legalization and encourages family reunification, while protecting our borders in ways that are fairer and more effective."

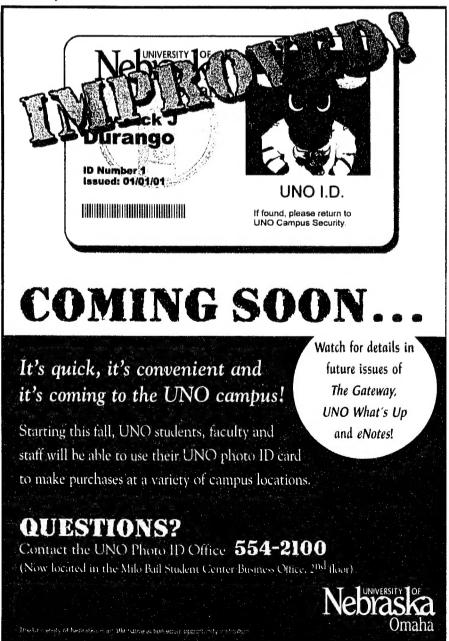
Appoint American Indians to key positions in the White House.

Kerry was also asked about comedian Bill Cosby's recent remarks that poor blacks don't speak proper English or do enough to improve their economic condition.

"Bill Cosby is right; people in the community have to accept responsibility," he said. "And we need to empower people, churches, and parents and schools, to further that."

Kerry's appearance brought cheers and a standing ovation at its conclusion, even though most in the crowd were working journalists. Bush addressed the convention Friday.







There's more to UNO buildings than just a name

KYLE McCLELLAN

Staff writer

Initially, you may never think twice about the names of the buildings at UNO, but you should.

Some of the most prominent buildings erected on our campus are adorned with the names of notable individuals, dead or alive.

Their generosity and forethought have, in part, provided for your higher education. And it didn't hurt that they were absurdly rich.

You will come to know the buildings well during this upcoming semester (their architectural manifestation, at least) but here are your formal introductions to the people behind them:

Al F. Caniglia (Caniglia Field)

UNO's famous football coach died in 1974 at the young age of 52, but not before he earned two degrees from Omaha University and played for the Green Bay Packers. Mr. Caniglia was born in Omaha and was a standout athlete at Central boasted a 74-55-5 record.







Frederick K. Kayser (Kayser Hall)

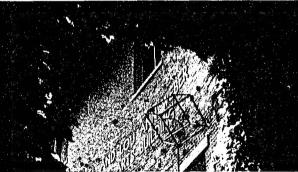
Mr. Kayser was one of the individuals who responded to President Milo Bail's request for a donation to secure endowed chairs for the university. Kayser, founder and president of the old Thomas Kilpatrick and Company, left \$450,000 in trusts for the university. This money supported the Kayser Chair of Economics and the Kayser Chair of Finance.



Ronald W. Roskens (Roskens Hall)

During his time as UNO chancellor (1972-1977) and NU president (1977-1990), Dr. Roskens negotiated an exchange program with Kabul University in Afghanistan and oversaw the development of Afghan Studies at UNO - a program whose international expertise landed it the responsibility of helping President Bush reconstruct order in the recently liberated country. Dr. Roskens is currently President Emeritus of the University of Nebraska system and a director at ConAgra Foods, Inc. He is married with

four children and 12 grandchildren.



Delbert D. Weber (Del and Lou Ann Arts Building)

This former UNO chancellor (1977-1997) is from Columbus, Neb. and holds a couple degrees from UNL. After eight years as Dean of Education at Arizona State, Dr. Weber returned to Nebraska and became chancellor of UNO. He has been heavily involved in community affairs and has sat on Board of Directors of the Greater Omaha Chamber of Commerce, the National Conference of Christian and Jews, the Urban League and the Omaha Community Playhouse, among others.

Phillip Milo Bail (Milo Bail Student Center)

Dr. Milo Bail was the president Omaha University needed. Regarded as the most progressive and influential leader the university has ever known, Dr. Milo Bail guided the institute to and through its "Colden Years." His leadership thrust the university into its highest level of academic accomplishment, community outreach and physical expansion. Bail made notable accomplishments during his presidency from 1948 to 1965:

Omaha University became the first in the Midwest and one of the first six in the nation to broadcast courses to surrounding communities via television

The university was the first institution of higher learning in the country to develop Tele-lecture, allowing Omaha University students to listen to some of the world's top experts in various fields via telephone hookup. Among the experts were Nobel prize-winning physicist Glenn Seaborg, anthropologist Margaret Mead and Sir John Neale, Astor Professor Emeritus at the University of London.





Willis A. Strauss (Strauss Performing Arts Center)

This North High School grad became nationally famous during the energy crisis of the 1970s because he predicted it. As a result, his company - Northern Natural - was well prepared because it had already begun efforts at finding alternative natural gas supplies. At only 38-years-old, Strauss was elected president of InterNorth, which later transferred ownership and became the ill-fated Enron Corp.

The Omaha civic leader was also involved in the merger of Omaha University and the University of Nebraska. He consistently donated money to local educational, civic and fine arts groups.





Charles and Margre Durham (Durham Science Center)

Thanks in large part to this couple, the west end of UNO's campus is anchored by a \$14.5 million science center with an eye-catching three-story, glass-enclosed core. Mr. Durham headed the world-renowned HDR architectural firm for 35 years. Spearheading one of the most spectacular engineering feats of the '60s-the Guanabara Water Project in Brazil-Omahabased HDR probably doesn't claim UNO's science center as its most acclaimed project. Nonetheless, it's comforting to know who's responsible for the academic structure that is home to our intellectual superiors in the departments of physics, chemistry, math and geology.

Mrs. Durham, like her husband, is an Iowa State grad and is a director of the Executive Committee of the University of Nebraska Foundation. She was past president of the Omaha Community Playhouse and Westside Community Schools.

Arthur A. Allwine (Allwine Hall)

Mr. Allwine, a farmer, was born in 1880 and with four other men, incorporated Court Realty Co. in 1925. In 1942, this farmer and his wife bought a farm and transformed it into a wildlife sanctuary. Seventeen years later, the couple handed it over to Omaha University (along with \$30,000) to be used for laboratory class work. The 160-acre prairie exists today as Allwine Natural History Reservation near the intersection of 144th and State streets. Before Omaha University merged with the University of Nebraska in 1964, blueprints for this building called for a two-story structure costing hardly a million dollars. The re-developed five-story biology building was completed in 1970.



Eugene C. Eppley (Eppley Administration building)

Space limitations allow for only a single paragraph to each person, a restriction that is good and bad. In the case of Eppley, a man whose far-reaching philanthropy benefited so many, it is

Born in 1884, Eppley single-handedly built one of the most successful hotel empires in modern America. In 1949, he attended an Omaha University football game with then-President Dr. Milo Bail. Eppley offered \$7,500 to replace the tattered outfits worn by the marching band. With that, Eppley asked the president what the university truly needed at the moment. Milo Bail said the growing university needed a library. Eppley responded without hesitation and wrote a check for the entire cost of the two-story structure: \$850,000. Seven years after his death in 1958, the Eppley foundation donated \$50,000 to acquire some of the university's first batch of distinguished professors. In 1976, with the completion of the new library, the Eugene Eppley Library became what is now the Eppley Administration building. From 1948 to 1964, the Eppley foundation gave more than \$1.2 million to the university.

UNO schools offer a variety of educational paths

JASON FRANCE

Staff writer

You have read through the UNO course catalog and what you really want to know is "What is this school all about?" Here is what each school at the university means to you. (All enrollment numbers are from the census taken during the spring 2004 semester)

Arts and Sciences:

UNO was originally Omaha University. Primarily an Arts and Sciences College, it wasn't until more programs and buildings were added that Omaha University became the University of Nebraska at Omaha. Thus, Arts and Sciences was the first school on campus.

However, Arts and Sciences now offers fourteen departments and three areas of Interdisciplinary study, each with its own unique undergraduate and graduate degree programs. It is easy to say that the majority of new students declare this as their first school. The college houses nearly 3,170 undergraduate students and nearly 300 graduate students.

Business Administration:

Home to nearly 1,900 undergraduate students and nearly 400 graduate students, the College of Business Administration is the second oldest school at UNO. Business Administration offers eleven undergraduate specializations and three graduate programs (MBA, Accounting and Economics).

New students wishing to enter the School of Business Administration enter as "Pre-Business" students and must hold and maintain at least a 25 GPA.

Education:

Nationally accredited and on campus since 1954, the School of Education offers nearly fifteen undergraduate specializations and four graduate specializations. Nearly 1,310 undergraduate students and 880 graduate students make up this school's student body. All are required to maintain a minimum 2.5 CPA

In order to be admitted into the department, students must file a formal application including references and must have passed a specialized test. A minimum GPA of 2.5 is also required for admission.

Fine Arts

Aside from offering many fine intramural programs, the School of Fine Arts offers undergraduate programs in the fields of Art and Art History, Music, Theatre and Writer's Workshop. Graduate programs are available in all but Art and Art History.

The Fine Arts department houses nearly 475 undergraduate students and nearly 40 graduate students.

Family & Consumer Sciences: A UNL-based school housed on UNO's campus, Family & Consumer Sciences was formerly named Human Resources & Family Sciences. While the school has been on campus for the last 25 years, it is only home to 150 students.

The school offers 8 different programs. Students in the Early Childhood Education & Child Development program spend a lot of time at the on-campus childcare facility.

Information Science and Technology:

On July 1, 19%, the College of Information Science & Technology became the newest member of the UNO community. Part of the Peter Kewit Institute of Information Science, Technology and Engineering, the college brings together three existing departments of UNO in the information technology area. It aims to improve their effectiveness and efficiency in responding to information technology needs of the region and the state with Computer Science and Information Systems and Quantitative Analysis.

With two undergraduate programs and numerous avenues for graduate students, the college has nearly 730 undergraduate students and 230 graduate students.

Public Affairs & Community Service: The College of Public Affairs and Community Service was created amidst the social and racial turbulence occurring in Omaha in the early 1970's to ensure the university was responsive to the critical social needs and concerns of our community and state. Today, the college remains the only such institution in the United States to include "Community Service" in its title, serving up such undergraduate offerings as Criminal Justice, Social Work and Urban Studies. The college houses nearly 255 undergraduate students and nearly 485 graduate students.

DANCE 2004-05 DANCE

The Moving Company
MANY NEW COMPANY POSITIONS
available



(Est. 1937, under the auspices of the College of Education, School of HPER)

- Two Concerts, Technique classes
- Performance at the National Dance Association in Chicago

» » AUDITIONS « «

for new company members

Tuesday, August 31, 2004 at 7:30pm

Dance Lab - HPER Building

contact: UNO's The Moving Company at 554-2670: Prof.Josie Metal-Corbin, Director

Finding affordable living off campus

COMMENTARY BY JOE OWENS

Staff Writer

College is expensive. Picking a place to live shouldn't have to be.

For many college kids, the default solution of living at home is no more of an option than buying their own house. Gone are the days of free food, room and board. In their place is rent, utilities and groceries.

Many students also do not have the luxury of living in dorms on campus, leaving them begging the question: "Where can I live on a college budget?"

Conveniently, UNO offers an Off Campus Housing Referral Service at

ısing Referral Service at http://mbsc.unomaha.edu/och.htm.

The Off Campus Housing Referral Service offers a listing of relatively affordable rooms, houses, one bedroom apartments and two-three bedroom apartments. There's even an option for students looking for roommates.

While the Off Campus Housing Referral Service offers a wide assortment of places to live, there are many other options available.

Unless you have recently inherited a large sum of money or won the lottery, living in a cushy downtown Old Market apartment may not be in your immediate future. The rent alone for some of these places will run you over \$1,000 per month.

However, if your heart is set on downtown, there are many reasonable options depending on your price range. If you are looking to spend around \$600 or less per month, the Orpheum Tower, located at 405 S. 16 Street, is a great choice.

For \$445, you can get yourself a studio apartment with an in-unit dishwasher, a garage or covered parking, high-speed internet access, a laundry facility and access to a fitness center. Above all else, you get a great view and the atmosphere of being downtown.

If the studio isn't your cup of java, then you can move up to a one -bedroom for \$550 and a two bedroom for \$615. Getting a roommate makes \$615 look a whole lot better. Did I mention the fact that you get to be downtown?

Some people like it out west. Believe it or not, there are places to live west of 72nd street that don't break the bank. Wellington Park, for example, just happens to prove this to be true.

Located at 2606 N. 115th Court, Wellington Park is priced competitively to apartments downtown, only with better parking.

No studio apartments here, so a onebedroom will run you \$550. Wellington Park offers in-unit dishwashers, a laundry facility, a tennis court, and in some cases, vaulted ceiling and fireplaces. A detached garage is available for an additional \$50.

Provided you have or want a roommate, a two-bedroom unit will cost \$660 per month.

Perhaps you decide that commuting from downtown and west Omaha are as about as appealing as living near a landfill or sewage treatment plant. What is a reasonable deal close to campus?

The St. Regis apartment building, located at 617 S 37th Ave., provides a quick trip to the UNO campus via Leavenworth Street and has apartments close in price to downtown and west Omaha.

Heat is paid for and some units even come with their own fireplace. Each apartment has its own dishwasher and access to a laundry facility. If you want a garage space, that's only an extra \$35 a month. For a one -bedroom apartment, rent will run you \$550 per month. Find a roommate and add a room will put the rent at \$750 per month.

So wherever your taste of living takes you, your wallet can rest easy knowing that you won't have to sell blood just to make ends meet.

Crystal R. Reid contributed to this report.



UNO CHILD CARE
PROVIDES A
QUALITY CARING
EXPERIENCE TO
ENHANCE THE
DEVELOPMENT
OF YOUR CHILD

First accredited child care in Nebraska by the national academy of Early Childhood Programs.

When registering for classes, be sure to sign up at UNO Child Care.

Call 554-3398 for more information.





UNO Food Court satisfies students' appetites

BECKY BOYER

Staff Writer

Students have to eat.

But where do you find food that is reasonably priced and has almost anything and everything that you could want to eat? The solution to this food problem is to go to the Food Court, located on the second floor of the Milo Bail Student Center.

The Food Court consists of a group of very different but all good restaurants. These restaurants are Tomassito's Italian Café, Aztec's, Garden Greens, The Rice Place, Durango's Deli, The American Grill and the Kiosk Kafe.

Tomassito's is the place to go if you want Italian food. They are open from 10 a.m. to 1:30 p.m. Mondays through Fridays. They serve food ranging from pizza to pasta. The fresh baked mini pizza, which only costs \$3.25, is very handy if you are in a hurry because it is already in a box, so it is easily portable. The least expensive entrée is the pizza pane, or pizza bread. Although it is not very portable, it is extremely tasty.

If Mexican food is what you hunger for, Aztec's is the place to be. They are open from 10a.m. to 1:30p.m. Mondays through Fridays. The selection of food is large and reasonably priced. There are items like beef and chicken tacos. An individual taco can be bought for a mere \$.75 cents. The most expensive item is the Super Enchilada, which costs \$3.95.

If you are looking for grilled food, go to The American Grill, which is open from 7a.m. to 2:30p.m. Mondays through Fridays. The grilled sustenance of a hamburger can be attained for \$1.95. Some other choices

are grilled chicken and fish sandwiches and basket meals.

Some more convenient food options will have you eating entrees with rice or a nice sub sandwich. The Rice Place is open from 10a.m. to 2:30 p.m. Mondays through Fridays from Their food is cooked to order, including rice and fresh vegetables and meat. Durango's Deli is open from 10a. m. to 2:30p.m. Mondays through Fridays. Subs are Durango's specialties and pre-made sandwiches are also available.

If healthy food is on your itinerary, you should go to Garden Greens which is open Monday through Friday from 10a.m. to 2:30p.m. They sell salad by the ounce for \$.25 cents.

The food court is a terrific place to eat, but what is it like to work there? When asked about the best part of working in the food court, Mi-hyun No and Anjana Ghale said that they make friends easily. No also likes working at the Food Court because she likes to cook and learn about different foods that are served in America. Ghale and No both think that the food court is popular because it on campus, easy to get and the prices are cheap. They believe that you should go to the food court to eat and try something new.

The food court is the place to go for breakfast or lunch. When you are on campus don't just eat out of the vending machines. Splurge a bit and have a meal.

Food Court info obtained from the UNO Web site: http://mbsc.unomaha.edu/ foodcourt.htm.

UNO Bookstore provides essentials for all students

BECKY BOYER

Staff Writer

One of the first places that a student should go before classes start this fall is the UNO bookstore.

The UNO bookstore is where students can find every textbook they will need, whether they want new textbooks or used. Other items that are available include school supplies, computer software and hardware, plus much more. Also there are many things to buy that allow you to show school spirit like UNO Maverick clothes, mugs, decals for your car and even golf balls.

The UNO Bookstore is open from 7:30 a.m. to 7:00 p.m. Mondays through Thursdays and 7:30 a.m. to 5:00 p.m. Fridays. The hours change during school breaks, but there is the option to make purchases online via the bookstore Web site at www.unomaha. edu/~wwwmbsc/bookstore.htm.

For the incoming freshmen, Michael Schmidt, Bookstore Manager, believes that the bookstore can help freshman because of the knowledgeable well-trained staff.

. The bookstore will give you a refund on your textbook if you are in accordance with their text refund policy that states the following:

-New Textbooks must be in new condition.

-You must have a cash register receipt and a picture I.D. to receive a refund.

-No refunds will be made after the first three weeks of the semester. (First week for summer school.)

-Textbooks purchased after the third week of class must be returned within 2 working days of purchase date and remain in new condition to receive a full refund.

-Please do not write in a book if there is any chance you may have to return it.

-The management reserves the right to make the decision on the condition or salability of the return.

Some special services provided by the bookstore include "Book Buy Back Week" which happens at the end of every semester. Students are able to sell back their textbooks for 50 percent of the new list price as long as the books are being used on campus the next semester. A student can also get computer software at much lower prices then normal. Other services include gift certificates, graduation accessories and special orders.

Schmidt believes that the UNO bookstore is special because it's design and mission specifically caters to UNO students.

He said, "Spend your money here and it stays here," because the profits go back to the Student Center, keeping student fees down.

The bookstore is an important place that helps many UNO students.

Schmidt said that the most important thing that the bookstore does is take care of specific textbook problems. Sometimes, some textbooks do not come in despite being ordered and Schmidt must promptly order more. He also feels that special orders are very helpful.

Textbooks are an essential part of life at UNO. Without them you will not get very far. Go take a look at the bookstore for textbooks and many other items that will make your time at UNO a little easier.

Old time Country & Bluegrass Contest & Festival

C.W. McCall Leona Williams Terry Smith

Claude Gray Ernie Ashworth Rev. Jimmy Snow Freddie Hart

George Hamilton IV

Cliff Lister

Cowboy Copa's son Red Stewart's son Hank Cochran

August 30 - September 5 Missouri Valley Iowa

Harrison County Fairgrounds junction of I-29 and I-680

One of the most highly respected and honored festivals in America. Join thousands of fans of old-time acoustic music, Bob & Sheila Everhart, and well over 600 performers and players of America's acoustic music, just like it used to be. Great food on the grounds and lots of great music.

PLUS:

- 12 blg stages
- Over 30 contests
- Arti & crafts vendor space
- Tigi village

- + Flea Market Workshops 7 nights of dances
- Hot showers

CAMPING: no refunds.

First come first serve.

Reg. camping, \$8 per day. With electricity, \$12 per day.

Admission: no refunds.

114 per day per adult. 17 per day over 70/under 16. FREE for kids 12 and under. SPECIAL 7 day pass 145.

Car Parking:

12 per day.

Bring lawn chairs

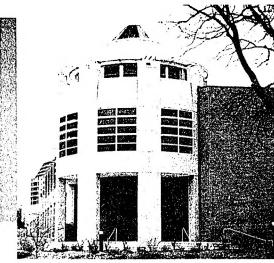
For more information:

Bob Everhart

P.O. Box 492, Anita lowa, 50020 Telephone: 712-762-4363 Email: bobeverhart@yahoo.com



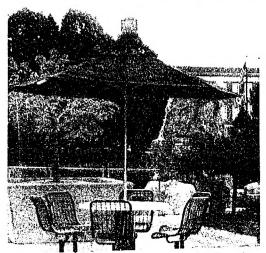












Administrative Offices, 2nd floor, 554-2383.

Bookstore, 1st floor, 554-2336.

Textbooks and school supplies plus UNO sportswear, greeting cards, best sellers and magazines.

Business/Ticket Office, 2nd floor, 554-2981.

Reservations and Event Planning, 2nd floor, 554-2383.

Meeting room reservations, fund raising procedures and literature distribution.

UNO Child Care, Annex 47, 554-3398.

Child care for children (18 months through 12 years) of students, faculty and staff.

Convenience Store, 1st floor.

Food Services/Catering, (MBSC 2nd floor), 554-2400

The UNO Food Services Office maintains and operates all food facilities on campus. The food court offers many dining options:

Tomassito's: An Italian Café with homemade pizzas, pane bread, lasagna, assorted pastas and sauces, chicken Caesar salads, and garlic bread.

The American Grill: Old fashioned deluxe hamburgers and cheeseburgers with a variety of toppings. Serves both chicken strips and chicken sandwiches. Introducing our NEW hotwings! Visit the grill in the morning for breakfast sandwiches and much more.

Durango's: Featuring four toaster subs prepared with Block and Barrel meats. Try our beef philly, turkey club, ham and cheese, tuna melts and our new addition of Kettle Chips. Our self-serve sandwich cooler offers a variety of sandwiches on artisan breads that are easy to grab when on the go.

on the go. **The Rice Palace**: A rotating selection of fresh toppings sautéed together and then added to your choice of rice. **Garden Greens**: An ever changing salad bar filled with fresh vegetables, pastas, fruits and a

The Kiosk Café: Open from 7 a.m. until 7 p.m., offering a wide assortment of pastries, juices, hot dogs, water, soft serve ice-cream, and proudly featuring Starbucks Coffee and Tazo teas.

Aztecs: Try something a little spicy. Beef or chicken taco salads, our latest addition of wraps, chipotle chicken or veggie. Also taquitos, nachos and more.

The Maverick Buffet: An all-you-can-eat buffet with two entrees and soups prepared daily. Burgers and sandwiches from the grill, breads, pastries and a fully stocked salad bar. Open from

11:36 a.m. to 1:30 p.m.

Games Room, 1st floor.

Health Services, 1st floor, 554-2374.

Registered nurse on duty and MD available by appointment.

Multicultural Affairs, 1st floor, 554-2248.

Personal and Academic support

Off-Campus Housing Referral Service, 2nd floor, 554-2383.

Student Organizations and Leadership Programs, 1st floor,

Assists students involved in activities and organizations on campus.

William F. Baxter Memorial Chapel, 2nd floor

Additional Services:

American Multicultural Students Gateway (student newspaper) International Student Organization Network for disAbled Students Student Programming Organization TV/Vending Lounge Women's Resource Center Computer Lab

Students stay in shape with the help of Campus Recreation

KIMBERLY BRYANT

Editor-in-Chief

Where can students at the University of Nebraska at Omaha go to keep in shape, get involved in campus activities and meet other students while being able to stay on campus?

Students can go to Campus recreation, located in the Health Physical Education and Recreation Building, a shared-use facility at UNO.

"So not only do you have the educational aspect, you also have the

recreational activities here as well. Most people don't realize that," said Joel Bauch, assistant director of Outdoor Programs.

"We have several workout facilities, informal recreation, aquatics, intramural sports, outdoor programs, climbing walls (with outdoor programs), sports clubs and youth programs," Bauch said.

Campus recreation boasts two weight rooms, two volleyball courts, an Olympic-sized pool, two outdoor tennis courts, a running/walking/jogging track, two squash courts and seven racquetball courts. A variety

of exercise classes, such as yoga, pilates and drop-in aerobics are held throughout the day, enabling students to fit in a workout during their busy days. Swim lessons are also offered at different levels, ranging from children to adult swim lessons.

"We want to make sure students are having fun while they're here with us," Bauch said.

Most Campus Recreation activities are paid for by student fees. However, some activities that are not supported by student fees have varying costs, depending upon the activity.

Bouch said that if the department

π(from STRAUSS, page β

Museum's building committee during its expansion.

He also financed the Strategic Air and Space Museum, maintained the Nebraska governor's mansion and cofounded the Boys and Girls Clubs of Omaha.

UNO's performing arts' center is named after Strauss and his wife, Janet, who have been longtime contributors by showing financial support for UNO arts and the building.

Strauss served on numerous civic and educational boards and committees.

Strauss was born in Omaha and graduated from North High School. He served four years in the Army during World War II before earning an engineering degree from Iowa State College (later known as Iowa State University).

He began his professional career with Northern a year later as a clerk in the engineering department. He quickly does charge for something, it's greatly discounted to allow the department to break even, but students are not charged to generate a profit.

The fall hours for Campus Recreation are 6:30 a.m. to 11 p.m. Mondays-Thursdays; 6:30 a.m.- 9 p.m. Fridays; 8:30 a.m.- 7 p.m. Saturdays and 12 p.m.- 10 p.m. Sundays.

"It's just a matter of coming over and checking us out. We literally have something for everyone."

For more information on Campus Recreation, call 554-2439 or go to www. unomaina.edu/~wwwocr.

se to administrative vice president in 1957 and president in 1960. At age 44, he was named chairman and coler executive in 1966.

rfis countiess contributions to his community were recognized both locally and on a national level. He received the Distinguished Nebraskan Award from the Nebraska Society of Washington, D.C., the National Brotherhood Award of the National Conference of Christians and Jews and the Nebraska Builder Award from the University of Nebraska. He was United Way's Citizen of the Year in 1981.

In 1996, he was inducted into the Omaha Business Hall of Fame.

Strauss earned honorary doctor of law degrees from UNO and Creighton University and an honorary doctor of business administration degree from Dakota Wesleyan University.

In addition to his wife, Strauss was also survived by his daughters Ann Hosford and Susan Lebens, both of Omaha, and four grandchildren.

Lunges could improve your game

NASC CON

complidace to wepapera KRO

You know that weight training can give you a killer body, but did you know it can create a killer instinct on the court?

Your confidence level, agility, power, strength, endurance and timing can all be enhanced through weight training, making you a better athlete and competitor.

Choose exercises that complement the way you move in your particular sport. Tennis, for example, uses an amazing number of muscles, so you want to make sure your resistance program hits all of those muscle groups. Lunges are great for developing the hips, quadriceps, glutes and hamstrings and can really improve your stability and agility. The clock lunge, in particular, improves your side shuffling and helps stabilize your knees.

Hold two eight-pound dumbbells or a 15-pound body bar over your shoulders. Move into a traditional front lunge by lunging forward, using your right foot until your knee is hinged at 90 degrees and aligned over your ankle so that you are in the 12 o'clock position. Hold momentarily, then push up through your heels back to the starting position.

Next, lunge to the right side with right foot so that you are in the three o'clock position. Hold momentarily, push up to the starting position and then lunge behind you with the right foot, lowering your right knee toward the ground so that you are in the six o'clock position. Step back to the starting position so that you can complete the same set with the left leg. Keep your back straight, your torso erect and thighs parallel to the floor. Your knees should not trail over your toes.

Whatever sport you play, a stronger, more efficient body will enhance your game. And even if you're only sporting a swimsuit this summer, leaner legs and tighter rear are always a win-win situation. Game, Set, Match, Weights!

What You Need to Know!-



Who we are: Our office accepts payments for tuition and fees and assists students with account inquiries. We cash checks up to \$25 and sell MAT bus tickets.

Location: Our office is located in the Eppley Administration Building room 109. The office is open 8 am to 5 pm, Monday through Friday during the academic year and 7:30 am to 4:30 pm during the summer.

Tuition Payment Deadlines: During Fall and Spring semesters, bills are generated at the end of the 1st week of classes. Payment is due 18 days after the bill date. Bills for remaining balances will be generated at the end of the 4th week and payment is due 18 days later.

Late Payment: Each unpaid bill is subject to late payment fees. Students who register after the first payment due date will retroactively be assessed a Late Payment Fee for each payment due date prior to the day of registration. Students who do not make their required payments will have holds placed on their enrollment, financial aid and transcripts. Late Payment Fee:

On balances of \$400 or less......\$25.00 On balances over \$400.....\$50.00

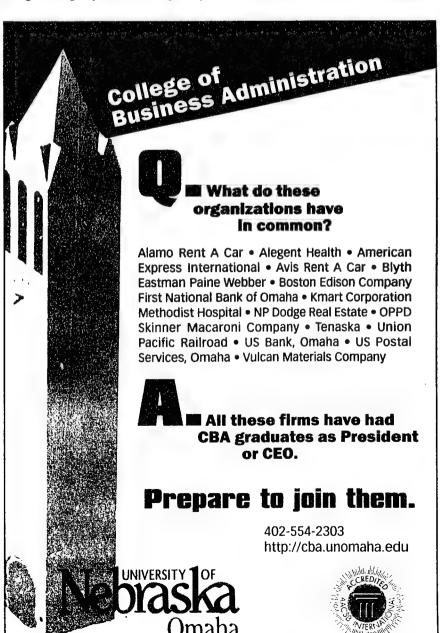
Late payment fees can be assessed a maximum of four times during a semester for a maximum charge of \$200.

It is the responsibility of each student to know the tuition payment schedule, the late payment fee policy and the refund policy and deadlines.

Find additional information on the Web at www.ses.unomaha.edu/cash

Listings of Current Tuition and Fee Charges Tuition Billing and Payment Due Dates Pay Tuition and Fees with a Credit Card Tuition Refund Policy and Deadlines

Access Your Tuition Account Print a Copy of Your Tuition Account Detail General Office Policies How to Contact Our Office



Student Health Services



Your full service medical clinic located on the 1st floor, MBSC

Appointments and Info: 554-2374 Office Hours: Fall and Spring Semester Mon-Fri, 8 am - 5 pm

Providing UNO Students with on-campus, high quality, affordably priced medical and educational services.

- Doctor/APRN appointments
- -On-site laboratory
- Health Insurance
- Health education speakers
- -Immunizations
- -Women's health services
- Free STD/HIV testing by appointment
- -and more



studenthealth.unomaha.edu



Aikido serves as a spiritual sport

CRISTINA SILVA

Knight Ridder Newspapers (KRT)

Sitting in front of a makeshift altar decorated simply with fresh flowers and Japanese script, Sensei Peter Bernath peacefully commands the wiggly legs and giggly voices throughout the room.

"You're gonna learn meditation, and you're gonna like it. And if any of you try to leave, I'm gonna break your legs," he called out to his class cheerfully.

But there was no breaking of limbs that day as the 20 children in the room laughed and complied. Even though Bernath, 53, of Hollywood, Fla., is one of the highestranking Aikido instructors in the United States and can knock men twice his size off their feet, he prefers more passive means of domination.

"When you get really good, you don't need strength at all. People just sense something about you," Bernath said.

It's just one of many lessons Bernath imparts through his travels around the globe as a top martial-arts teacher.

Last month, he taught self-defense to crowds in Barcelona. In a few weeks, he will be reviewing spiritual techniques in New York with Aikido's top sensei, Yoshimitsu Yamada. And in late 2004, he will be explaining the history of Aikido to groups in Switzerland.

Aikido is a noncompetitive Japanese art of self-defense that redirects the attacker's advances by shifting positions or using body weight. It calls the technique "spiritual" self-defense, because it doesn't use the kicking, jabbing, yelling, or choking techniques of other martial arts like judo or karate.

For Bernath it's not just a sport. It's a way of life.

"It's really about enlightenment. You have to make your body and mind work together till it becomes like an instinct. Once you become sensitized to that, the more you are in tune with nature."

Since turning to Aikido, Bernathaims for what he calls an Asian-inspired "simplistic

But decades ago, the Zen master was a rowdy college kid who dreamed of fame,

models and instant recognition from the doormen at trendy Studio 54 in Manhattan.

In 1970, he saw the poster that changed his life—an Aikido advertisement featuring a small Japanese woman flipping a large man over her shoulder.

"I just thought it was so cool and peaceful-looking," he said.

Bernath soon signed up for Aikido classes and has spent most of his time since in a dojo, Japanese for an Aikido instruction center. He is one of only 40 instructors in the United States to have reached the level of a sixth-degree black belt, according to the United States Aikido Federation. He has his own dojo in the Holiday Park Activity Center in Fort Lauderdale, Fla.

"Peter is one of the best senseis (teachers) in the federation," said Susan McKenzie Wolk, general secretary of the federation. "You have to be a very good teacher to attract enough students so that you can make a living doing this."

The federation sent Bernath to Florida to open the center in the late '80s.

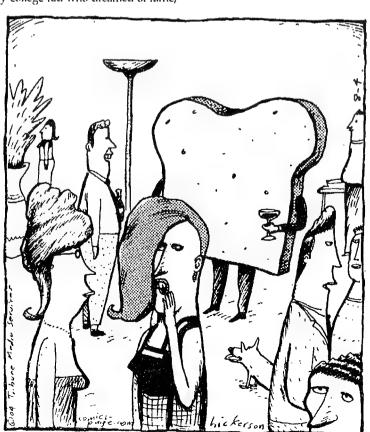
"Back then, nobody knew what Aikido was. None of us at that time thought we could earn a living from it. We were like, 'We aren't Japanese, we can't do this'," Bernath said.

Today the dojo is one of the largest in South Florida, with more than 140 students, including Bernath's wife Penny, a former student at the center and now an instructor, and their, two kids, Madison, 16, and Kale, 20

Alex Hatfield, 14, makes the two-hour round trip from Palm Beach Gardens, Fla., about three times a week to study with Romath

"He pays a lot of attention to me, helping me out," Hatfield said. "He has a really high status and I get well-known, too, just by training here with him."

"You can mention Peter's name anywhere in the world of Aikido and they will know him," said Gene Nelson, 39, a student since 1992. "We are very fortunate to have him down here."



"I know he seems pretty white bread .. but I hear he has a dark side."

Getting back into a study routine necessary for college success

KIMBERLY BRYANT

Editor-in-Chief

Does coming back from summer vacation cause you to panic because your study skills have also taken a vacation?

While getting back into the habit of studying takes a bit of time, it doesn't have to be a complete pain.

Dianna Rich, owner and executive director at Sylvan Learning Center said, "What I see as the first need is to establish a normal routine," she said in regards to studying.

A normal routine includes having a regular time and a regular place to study. It also includes "having everything you need to study," Rich said.

She suggested that students keep everything they need in one place and to block off a study time.

In addition, she offered these tips, courtesy of Sylvan Learning Center:

Get back in the routine.

Transition from summer days and nights and get back into the routine of the school year by re-establishing sleep habits, meal times, reading and study times.

Set education goals.

Hand in all your assignments on time, prepare for tests ahead of time and set goals that can help set the routine for the new school year.

Develop a relationship with your teachers.

Take the time to get to know your instructors at the beginning of the year. They can serve as a great resource for information and can recommend ways to resolve any difficulties you may be having with classes.

Strengthen study skills.

Four key areas that can help students

improve their study skills include organization and time management, effective note-taking, reading and study strategies as well as test-taking techniques. A student can learn faster, retain knowledge for longer periods of time and recall that knowledge with greater accuracy by improving these skills. It also means greater performance on tests and exams, less time on homework and greater confidence in the classroom.

- Other tips to help students to get back into a study routine include:
- Keep a schedule that includes classes, assignments and key dates. The schedule should also set aside specific time for studying and working on projects. Keeping a schedule should prevent those last minute surprises—such as last minute projects or test cramming—from occurring.
 - Take effective notes in class. Develop

note-taking skills that include identifying key information and capturing it in a style that makes for effective studying later.

- Improve reading skills. Poor reading skills or an inability to read for important information makes assignments a burden and undermines overall academic success. If necessary, seek help to improve them.
- Learn effective test-taking strategies. Effective test-taking strategies include learning how to prioritize material when studying for a test; preparing for a test over a number of days; coping with stress during the test; and managing time during a test so all sections are completed.

By following these tips and staying focused, a good school year can be yours. Good luck!

Rinse sense: Mouthwash was never meant to replace flossing

Canalan Dana

Knight Ridder Newspapers (KRT)

It wouldn't matter much that mouthwash is "at least as good as" flossing in controlling gingivitis if people were at least as likely to floss as to rinse, but they're not, according to testimonials and a recent survey from Listerine.

Ninety percent of dentists say most of their patients do not floss daily, despite advice and repeated reminders and demonstrations from dental hygienists.

Although dental floss is the mechanical device most widely recommended for plaque control, several studies have shown that only 10 percent to 40 percent of consumers use

floss daily. Most say it is too difficult and timeconsuming.

On the other hand, most people rinse out their mouths when they finish brushing, and more than half of those surveyed say they use mouthwash when first impressions and good oral hygiene are crucial: 53 percent before a date, 52 percent before a job interview and 57 percent before going to the dentist, according to the new survey.

Listerine was originally formulated as a surgical antiseptic and has long been marketed as an oral antiseptic to kill germs that cause bad breath, plaque and gingivitis (gum infection).

Now promoters are reminding the legions of consumers who may not adequately floss, at least not daily, that rinsing twice daily with an

essential-oil antiseptic mouth rinse is at least as effective as flossing daily in reducing plaque and gingivitis between teeth, according to a study published last year in the Journal of the American Dental Association.

Listerine was the essential-oil antiseptic mouth rinse used in the study and the only one readily available over the counter, says Dr. John Grbic, a periodontist and associate professor of clinical studies at the Columbia University School of Dentistry. His main concern is that millions of Americans might be tempted to toss their floss.

"Plaque is very sticky, like the scum that forms a ring in your bathtub," Grbic says. "You can rinse all you want, but all of it won't come off unless you mechanically scrub it off, and the only way to scrub below the gum line is by flossing.

"Compliance is always an issue, Most people do not even brush correctly for the full two minutes recommended. We need to urge people to brush, floss and rinse correctly. Rinsing was never meant to take the place of flossing."

Still, it's good to know that you can further reduce the risk of gum disease with something as quick and easy as swishing a little mouthwash around when you finish brushing and flossing.

Online: American Dental Association: www.ada.org

Student Health Services keeps students' bodies in working order

CRYSTAL R. REID

Features editor

In the middle of the Milo Bail Student Center, on the first floor, through a simple door into a simple office, are the quiet surgeon generals of UNO's campus.

Monitoring minor aches and pains, coughs and colds, the full staff of UNO's Student Health Services is not only something to boast about, but also something to depend on.

"These guys are state of the art," said Supervisor of Student Health Services Marcia Adler of the staff of hard working physicians and nurses. "And they're free."

UNO's Student Health Services is not just a traditional urgent care center for students, as it offers something most universities only hope for: an on staff OB/GYN. Adler is proud of the women's services that Student Health offers.

"We have state of the art processing and tests," Adler said. Each year, this service grows.

What about the boys?

"It's well known that men take better care of their cars than their bodies," Adler chuckled.

Knowing this, Student Health put together a men's health program that focuses on preventative health measures. Otherwise, Adler relayed, men normally show up mostly when they've injured themselves during sports.

Why is UNO able to have such a comprehensive health facility?

Adler's hand picked staff consists of physicians that, simply put, like the student population. They are all willing to commit their own work hours to treat the flu symptoms, pulled muscles and other aches of the stressed out students.

"What makes us special, is that all of our clinicians practice in the community," Adler said. They are not retired physicians, or perhaps residents that may not have practiced in their own communities; they are committed professionals that enjoy their fields.

Student Health Services of fersaconsistent nursing staff working arduously eight hours a day, five days a week. Physicians or nurse practitioners are scheduled 20 hours a week.

Currently, Student Health offers free and important STD/HIV testing, discounted prescriptions through UNL, physicals at a minimal charge, a broad spectrum of immunizations and continuous health education resources. At the recommendation of the Centers of Disease Control, they also track compliance of measles, tuberculosis and meningitis. Student Flealth Services wants to make sure you can be a healthy member of UNO's population.

Health Services also works with the counseling department, prescribing necessary medication at the request of student's counselors.

All of these are at every registered UNO student's fingertips. Students must present a valid student I.D. to receive health care services that any parent would be proud of.

Sammy Sortinos supports UHO athlettes

Check out our pool tables and beer patio!

STOP IN ON FRIDAY AND SATURDAY NIGHTS FOR

50c Bud/Bud Light draws

WITH COLLEGE ID, 6 P.M. TO MIDNIGHT

\$1 Miller/Miller Light bottles

WITH COLLEGE ID, 6 P.M. TO 10 P.M.

Show your when you buy one pizza of any size and receive the 2nd half price.

(This offer applies to dine-in, takeout and delivery orders.)



1414 S. 72nd Street (just south of Pacific Street)

Seat secrets: Get the best seat you can next time you book a flight

KNIGHT RIDDER

Tribune News Service (KRT)

The dreaded center seat -- the bane of every airline flyer.

Booking a specific seat on a flight is not always an option. Some low-cost airlines, for instance, offer seats on a first-come, first-served basis when boarding begins. But other carriers still allow passengers to request a window or aisle seat when the ticket is booked.

With a few helpful tips, you might land a prime seat.

--Grab that seat: Airline Web sites often offer information about the type of airplane scheduled to service your flight, along with seating maps. Examine the map carefully and give the reservation agent your preference. If the seat is available, reserve it without hesitation. Trouble reserving a seat may indicate that the flight is overbooked.

--Front or back?: Airlines typically book flights from the rear to the front of an aircraft. If you don't make a seating choice in advance, you may be offered seats farther back in the aircraft than you wanted.

--Center aisle: Think about going for an aisle seat in a plane's center seats section. This can help you avoid a situation that sometimes arises with couples that, in a three-seat configuration, book the window and aisle with the hope that middle seat will go unoccupied.

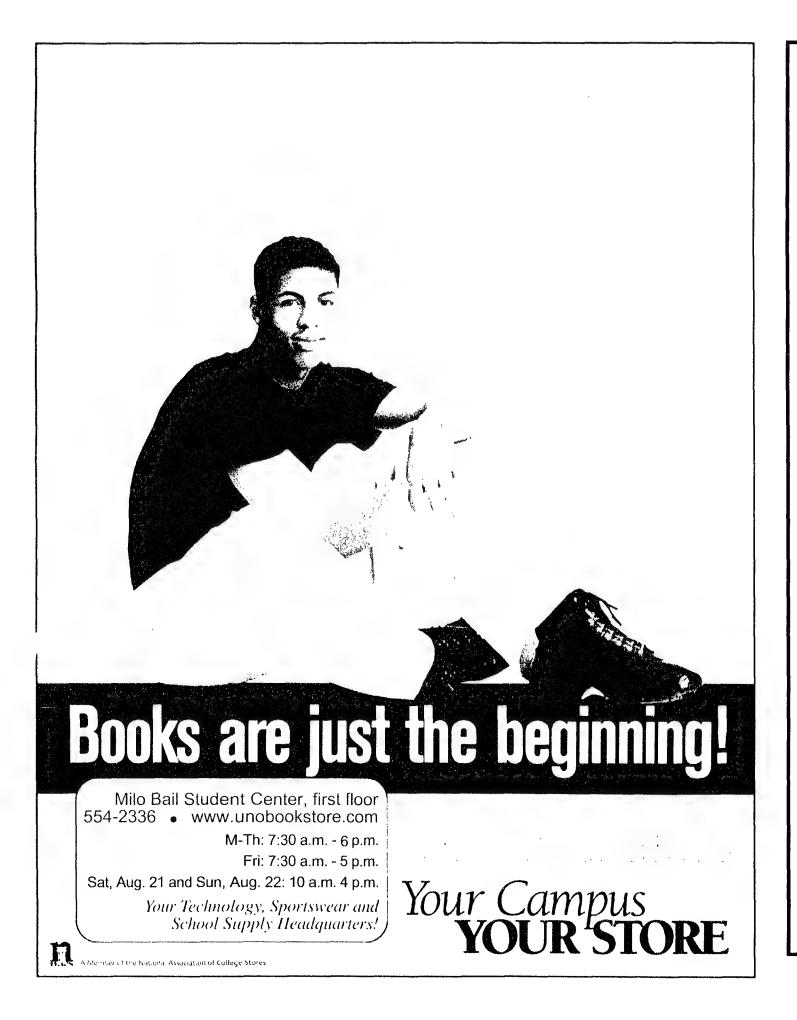
--No go on the back row: Avoid the last row of any seating section. Back-row seats usually don't recline.

-- Skip peak flying periods: If you can, avoid flying when most travelers will be taking to the skies,

generally in the morning, evening and on weekends. Midday and midweek flights may be less congested, and should allow you a prime seating choice, or even a row of empty seats. The same holds for red-eye flights. There tend to be fewer choices on international flights, but avoid Friday and Sunday evenings if you can.

August 10, 2004

Source: Consumers Union





The state of the s

Lose the diets, shred the books, shed the pounds

JULIE DEARDORFF

Chicago fribune (KRT)

Chicago's Rob Stevens recently launched a one-man crusade against the \$50-billion-a-year diet industry by shredding dozens of donated weightloss books outside a local health club.

Not only is dieting a futile act, Stevens said as "The Ultimate Weight Loss Solution" by Dr. Phil McGraw was churned into paper strips, but diets are the very reason we're fat in the first place. Diets may promise thinness and happiness, but they mess up your metabolism, exaggerate your interest in food and diminish your confidence when they inevitably fail, Stevens said.

Even more discouraging is that although some weight-loss plans can provide short-term relief, studies have shown that dieting virtually ensures long-term weight gain.

"If the diet industry were to –poof-disappear overnight, America would get a hold on the obesity epidemic," said Stevens, who once weighed more than 300 pounds but quit dieting and dropped more than 150 pounds in 1 1/2 years.

"We were all born with everything we need to stay thin naturally," he said. "All you have to do is stop overeating."

Frustrated, chronic dieters might want to wring his now-skinny neck for that statement, given how simplistic it sounds. Most people would stop if they knew how, and scientists are still trying to nail down whether the causes of obesity are physiological, psychological, cultural or some combination of the three.

Meanwhile, there is growing federal support for the controversial idea that obesity should be classified as a disease. Medicare may even begin paying for a range of weightloss treatments, including surgery and diets.

But Stevens, who, naturally, has written his own anti-diet book, "The Overfed Head," is on to something, at least in theory. He calls his philosophy "thintuition," which means listening to your body's cues, a difficult task these days given the barrage of advertising and easy access to cheap, low-quality foods.

People who successfully follow their thintuition eat only when they're hungry, stop when they're full, enjoy the process of eating and view food as fuel. They eat what they want and don't deprive themselves of certain foods, which only fuels a craving.

These ideas are hardly new. And Stevens, who borrowed heavily from Bob Schwartz's book "Diets Don't Work," is not medically trained. His only qualification as a weight-loss guru is his own success story.

But his struggle resonates with lifelong dieters. For most of his life, Stevens, now 41, believed certain foods had the power to make him fat or thin. He went on his first diet at age 10, and for 25 years he counted calories, carbs and fat while on every diet from Atkins to the Zone. He lost hundreds of pounds, but they always returned, and his weight continued to climb.

His body --and life--finally improved when he realized he had to change his beliefs about food, rather than the foods themselves.

If there is one common theme among those with eating disorders -- whether it's anorexia or obesity -- it's that they're sick of thinking about food and tired of it ruling their lives. Stevens found that liberation and wants to pass it on.

"The more I focused on diet, the more weight became a problem," said Akram Abedelal, 30, a Chicago financial consultant who, guided by Stevens, is following his own thintuition. "I'd deprive myself of food and I'd think about it even more. I'd do well all day and eat a pizza in the middle of the night."

Now, Abedelal eats a few bites of pizza, rather than the whole pie. "It's just checking in with yourself," he said. "It takes a while to kick in."

Still, it remains to be seen whether Stevens has unusual willpower or whether his idea can be translated to the masses. "Not everyone has the resolve he came to," said Laura Concannon, medical director of the bariatrics program at Illinois Masonic Medical Center, who recommends Stevens' book to overweight patients. "I think he just hit bottom, and not everyone in my practice has hit bottom. If they have, they'll do well with the approach. But they have to be ready and committed to make the change."

Campus daycare offers safe, affordable service

COMMENTARY BY JASON FRANCE

Staff writer

Attending college full-time (and lets face it, even part-time) can be hard enough by itself. For those of us who are parents, ensuring that our children are in good hands when they are not in ours, compounds that hardship. Add to that making sure a quality childcare center is reasonably priced, convenient for us to access on our way to and from school and one that provides a safe and educational environment can be pretty overwhelming.

What if I told you of a facility that provides all of the above and that being a UNO student, faculty member, staff or alumni is the only requirement for enrollment and that the fees are extremely competitive? You would probably say, "What's the catch?" The only catch is being able to let your little one go for the time you are in classes and activities.

You are probably also thinking that this sounds like a television commercial or something out of the UNO Child Care Center brochure, but I assure you its not. I was just that impressed with the center that I feel everyone who has a child 18 months to 12 years of age and who is looking for child care should know about what I feel is one of the best amenities that UNO has to offer.

Nationally accredited by the National Association for the Education of Young Children, UNOCCC is open year round except for university holidays, from 6:30 a.m. to 5:30 p.m. and is located just behind the Alumni Center. When you see the playground equipment, you have found it (Annex 47).

When you enter, you will find a maximum "student body" of 79 children, five tull-time teaching staff and anywhere from 30 to 40 part-time teaching staff providing a

teacher/student ratio that averages 1:9. The full-time staff consists of teachers that have been selected based upon training and/or experience in working with children and have either a Bachelors or Associates degree. They also must have at least two years experience in the field and undergo a five-day orientation period. Part-time staff is mainly composed of students majoring in fields such as Psychology, Social Work or Early Childhood Development.

When you first walk into the door you are immediately surrounded by the sounds of happy children. On the day I took my tour and conducted my interview, which by the way was unannounced, I did not hear an angry or crying child once. I attribute this to a number of things but most importantly the extremely clean, child friendly and safe environment that the center provides.

Everything in the day care is at the appropriate eye and hand level of each age group and there is always plenty to do. Little children of certain ages are almost always more outgoing than they should be and none of them acted shy or scared of a stranger walking through the center (even one who had to hunch over as he walked through the downstairs areas...but then, I am 67"). I believed that the children all felt very safe and comfortable during their stay there. The children are served breakfast, lunch and an afternoon snack- all prepared in accordance with the U.S. Food Program on campus by UNO Food Services.

Grants are available for low-income parents and UNOCCC tuition is Pell Grant eligible. The center is currently full for the fall 2004 semester but a waiting list is active for the spring 2005 semester.

For more information, contact Assistant Director Sandy Wiaschin at 554-3398 or visit the UNOCCC website at mbsc.unomaha. edu/child.htm.

What did 11 graduating seniors (2 with honors), 33 Dean's/Chancellor's List students, 19 UNO clubs and organizations officers, 2 student senators, 2 UNO Ambassadors, 14 student athletes, 43 student parents and 150 student citizens have in common last year?

All were Project Achieve participants.

Project Achieve serves first-generation college students, students who meet prescribed income guidelines, and students with disabilities. Project Achieve offers students who qualify academic mentoring, tutoring, counseling, access to technology, opportunities for leadership development, community service and cultural enrichment, as well as preparation for graduate school or professional employment.

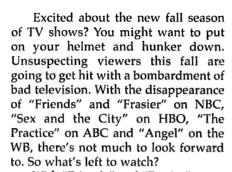
Want to learn more?

Call 554-3492, Visit Eppley Administration Building, Room 117

Fall Television lineup looks to bomb



Staff writer



With "Friends" and "Frasier" gone, NBC is scrambling to make up for the loss of their two biggest moneymakers. Returning shows include "Fear Factor" and "Las Vegas" on Monday nights, "Scrubs" and "Law & Order: SVU" on Tuesdays and "The West Wing" Wednesday nights. Thursday will welcome the return of "Will & Grace," "ER" and everyone's favorite multimillionaire, Donald Trump, on "The Apprentice 2." Sundays will mark the return of the nostalgic "American

While ABC made the right decision in dumping the bad comedies "I'm With Her" and "Married to the Kellys" and the even worse dramas "10-8" and "Line of Fire," what they chose to keep is not much better. Monday Night Football will be back to the relief of armchair quarterbacks everywhere. The rest of the week is sprinkled with unfunny comedies and laughable dramas. "My Wife & Kids," "The George

Lopez Show," "According to Jim" and "NYPD Blue" all return to Tuesday nights. Wednesday nights give us back "The Bachelor" and if Sunday night feels a little empty on ABC, there's a good reason for it. While we get "Extreme Makeover: Home Edition" back, we will be deprived of another season of "Alias" until midseason.

Don't expect to see "Beck" or "The District" back on CBS. They got the axe, along with "Century City," "The Brotherhood of Poland N.H." and, unsurprisingly, "Hack." Returning shows include the Emmy awardwinning "Everybody Loves Raymond" and "CSI" in all its various forms. The reality series "Survivor" returns on Thursdays, this time dumping its contestants in Vanuatu. Look for the return of the surprisingly good "Joan of Arcadia" and "JAG" on Friday nights.

While Fox is better known for its reality shows that rely on shock value for ratings, there are still a few decent shows amid the muck. Be sure to tune in to "The Bernie Mac Show" on Tuesdays and "That '70s Show" on Wednesday nights. The angsty teenage drama The O.C. returns on Thursdays, along with the poorly written "Tru Calling." Everyone's favorite dysfunctional cartoon family, "The Simpsons," returns to its Sunday night timeslot, along with "King of the Hill" and "Malcolm in the Middle."

The last-minute cancellation of the cult favorite "Angel," has left the WB with mostly mediocre dramas.

"Charmed "returns on Sunday nights, with "Smallville" coming back to Wednesday nights. "Gilmore Girls," "7th Heaven" and "Everwood" will all be back in their usual timeslots.

Of the new shows premiering this fall, only a handful looks to survive being replaced midseason. NBC's highly anticipated "Joey" takes over the prime Thursday night timeslot left vacant by "Friends." "Joey" follows "Friends" favorite Joey Tribbiani to Los Angeles to pursue his movie star dreams. Another promising show, "Lost," will air Wednesday nights on ABC. Created by J.J. Abrams, the genius behind "Alias," the show stars Dominic Monaghan ("Lord of the Rings") and Matthew Fox of "Party of Five" fame. "Lost" centers around a plane crash on a deserted island and the freaky things that keep happening to the surviving passengers.

There is plenty to watch this fall on television, especially if you enjoy poorly written garbage. It's almost as though the networks are waging a war of their own: to see who can make the worst show ever. Unfunny comedies abound while dramas with ridiculous plot lines make a mockery of good television. Finding a good show this fall is like looking for a needle in a haystack: close to impossible.

Information for this article was found at http://www.tvpicks.net/fallpreviews/2004-05fallgrid.html.

UNO theatre to present "Metamorphoses" and more for fall 2004

COMPILED BY KIMBERLY BRYANT

Editor-in-Chief

The fall 2004 season for the University of Nebraska at Omaha Theatre Department offers a number of plays to appeal to students, faculty and staff. Don't miss out on these upcoming productions:

"Metamorphoses" by: Mary Zimmerman Oct. 7-9, 13-16

Student Actor Showcase Oct. 28-30, Nov. 3-6

"The Playboy of the Western World" by: J.M. Synge Nov. 18-20, Dec. 1-4

All performances begin at 7:30 p.m. in the theater at the Weber Fine Arts Building. Tickets for "Metamorphoses" and "The Playboy of the Western World" are \$12 for students/ faculty/staff and \$15 for the public. Tickets for the Student Actor Showcase are \$5 general. Season tickets are available for \$30 for students/faculty/staff. The season tickets cover shows up through the spring semester. Half-season tickets are available for \$15 students/faculty/staff for the first

Auditions for the fall semester plays will be held on Aug. 24 at 8 p.m. in the theater as the Weber Fine Arts Building. The auditions will be for the plays throughout the fall semester.

For more information on the auditions and the plays, call Ron Zank in the Theatre Department at 554-2406. For tickets, call the box office at 554-2335.

The Cheap Choice

COMPILED BY SOMMER LEINBACH

Senior staff writer

Latin love inspires Jazz on the

Jazz on the Green at the Joslyn Art Museum is honored to have Orquesta Alto Maiz perform on Aug. 12. The 11-piece Latin jazz dance band performs beloved Latin styles such as the meringue, samba, cha-cha-cha, salsa and calypso. This performance will inspire audience members to get up and dance, no doubt. The show begins at 7 p.m. and is free to the public. Beverages and picnic food will be available for purchase.

performance of great importance

Stages of Omaha presents "A Man of No Importance" by Terrance McNally, Lynn Ahrens and Stephen Flaherty, a story about Alfie Byrne, a bus conductor in 1960s Dublin. Alfie is a dedicated Oscar Wilde fan and wants nothing more than to see the performance of "Salome" take shape on the stages of his church. Loud objections rain down and Alfie is forced to fight against the church, his town and the world while coming to terms with his own sexuality. In 2003, "A Man of No Importance" won the

Outer Critics Circle Award for Best Off-Broadway Musical. With a musical score and dynamic plot twists, that's not surprising. Jonathan Wilhoft plays Alfie Bryne with a full cast of talented people. The show runs Thursday through Saturday nights at 7:30 p.m. and Sunday afternoon at 2:30, Aug. 26-Sept. 19 at the Millennium Theatre, 16th and Jackson streets. Tickets are \$15 for adults and \$12 for students. Call 345-8166 for more information or log on to stagesofomaha.com.

Open mike nights offer a place to showcase talent

Omaha has plenty of open mike nights for all types of talent. Whatever your specialty, there's a place to take the spotlight for your own. Most of the people who attend open mike nights

newcomers and all are welcomed with open arms and warm reception.

nervous

First Friday Coffeehouse readings and performances take place at the First Unitarian Church on 3114 Harney St. Poets, songwriters and comics are welcome to take the stage. First Friday open mike is from 8 p.m. to 11 p.m. every first Friday of the month.

The Omaha Healing Arts Center Poetry Slam happens the second Saturday of every month. Located at 1216 Howard St., the slam starts with open mike at 8 p.m. followed by the slam. Log on to omahaslam.com for more information. On the first and third Mondays

of every month, open mike takes over Stage Right Coffee on 16th and Harney. This open mike night is open to all types of talents but stly draws poets and songwriters.

The last Monday of every month takes open mike night to an all new level at the Straight Shooters Lounge on 40th and Farn. n. The event is 21-and-over and has an open mike session starting at p.m., followed by competitive pol bouts for cash prizes. The event is free.

Upcoming concerts:

Aug. 10 Pepper - Ranch Bowl

Aug. 11 Gaelic Storm – Anchor Inn

Aug. 11 God Forbid - Ranch Bowl

Aug. 12 As I Lay Dying - Ranch Bowl Aug. 13 Mark Hummel - McKenna's

Aug. 14 Z-92 Birthday Bash - Levi Carter Park

Aug. 14 Final 8th Wave Show - Ranch Bowl

Aug. 16 Cursive - Sokol Auditorium

Aug. 17 Josh Groban - Qwest Center Aug: 20 Glasseater - Ranch Bowl

Aug. 20 Sebadoh - Sokol Underground

Aug. 21 Beep Beep - Sokol Underground

Aug. 21 The Voodoo Organist - The 49'r Aug. 22 Atreyu – Ranch Bowl

Aug. 22 The Velvet Teen - Sokol Under round

Aug. 24 Audrey Auld - McFoster's Natural Kind Cafe

Aug. 26 The Tommy Castro Band - Murphy's Lounge

Aug. 29 Stavesacre - Sokol Auditorium Sept. 5 Melvins - Ranch Bowl

Sept. 8 From Autumn To Ashes - Ranch Bowl

Horoscopes

Predictions by Madame Zora

Leo (July 24-Aug. 22)

You will have an unfortunate legume accident mid-semester, Leo. Watch your peas.

Virgo (Aug. 23-Sept.22)

Remember, Virgo: when the government does it, it's called "security;" when you do it, it's called "snooping."

Libra (Sept. 23-Oct.22)

Surely this Nebraska fall is your season for love, Libra. Try to enjoy all two days of it

Scorpio (Oct.23-Nov.21)

Let's make a new resolution to keep our GPA higher than our blood alcohol level this year, OK?

Sagittarius (Nov.22-Dec. 21)

Work hard, study right, succeed in school and you too can achieve the respect and camaraderie of your fellow UNO scholars. There's a secret handshake and everything.

Capricorn (Dec. 22-Jan.19)

The parking gods know all, see all. This includes the half an hour you spend each day plugging up the parking lot while you lurk for a spot.

Aquarius (Jan. 20-Feb. 18)

An awesome new video game will be released just before Thanksgiving break. Yes, it's strange contentment for me too, Aquarius.

Pisces (Feb. 19-March 20)

Your doom will come by carrier pigeon sometime in October. Duck and weave whenever in open air.

Aries (March 21-April 19)

The Powers That Be would strongly advise you to avoid vegetables of any kind this semester, for your own safety. The campus cuisine should be safe enough.

Taurus (April 20-May 20)

You might as well just drop that astrophysics elective right now, Taurus. You're majoring in pottery for a reason. Try something more on your level – like jazzercise, beginner's level.

Gemini (May 21-June 20)

This is it, Gernini! A new semester! New classes! Clean slate! A fresh start! Try not to waste it all on booze and indie-punk music this time.

Cancer (June 21-July 23)

Red-haired members of the opposite sex will be exceptionally kind to you in the coming weeks, Cancer. Make note of it.



Prepare.



Succeed.

Creighton University is now offering classroom prepcourses for the Fall Law School Admission Tests.

Visit www.creighton.edu/cpd for Class Schedules

Enroll in a proven test preparation program and maximize your scores at the low cost of \$695

The Classroom Course includes:

- · 28 hours of instruction with evening and weekend schedules
- Courses taught by professional instructors
- Simulated LSAT testing
- Student textbook and study aids

All courses held at our convenient West Omaha campus, 11111 Mill Valley Road (North of W. Dodge Rd.)

REGISTER NOW!

1.800.637.4279 or 402.280.2425

Creighton

cPD





American Multicultural Student Agency AMS promotes awareness by weaving an understanding of and appreciation for diversity into the life of the institution.

Phone: 554-3696

Women's Resource Center
WRC serves primarily women's concerns, both on
campus and within the Omaha community.
Phone: 554-2730

Your voice Four agencies to

What is Student Government?

The student government is the representative and governing body of the students at UNO. SG-UNO is responsible for allocating more than \$250,000 in student fees each year. Our main function is always representation. SG-UNO strives to uphold and communicate views, opinions and concerns of the student body to university administration, faculty and the Omaha community.



Student Government offices are located on the first floor Phone: 554-2620 Web: sguno.unomaha.edu



International Student Services ISS assists international students while making their knowledge and experience available to the rest of the campus population.

Phone: 554-2937

Network for disabled students

NdS supports disabled students, as well as those
who are not disabled, by educating everyone on
a number of topics.

Phone: 554-2368

on campus. help you succeed.



Meetings

Student Senate meetings are held every other Thursday at 7 p.m. (except during breaks and summer). Students are encour-aged to attend all Senate meetings! Check in the student government office for locations.

Elections

Student Government elections are held Oct. 12 and 13. Stop by the office to pick up your application Sept. 6!

of the Milo Bail Student Center.



`Little Black Book' not all that predictable

REVIEW BY CHRIS HEWITT

Knight Ridder Newspapers (KRT)

The more we get to know the heroine in "Little Black Book," the less we like her. Strangely, that makes the movie more likable.

My guess is that if you're a person who likes movies to play out exactly the way you expect them to, you won't like "Little Black Book." But if you like to be surprised, you will.

"Little Black Book" starts out very much like "How to Lose a Guy in 10 Days" or "My Best Friend's Wedding," comedies in which women do unpleasant things to get guys, but it turns into something weirder and more truthful.

As "Book" works its way into a conflict between its lovers (Brittany Murphy and Ron Livingston), you know there'll be a happy ending, no matter how unlikely that seems when he goes away on a trip and she stalks all the ex's listed in his little black book. But the movie gets stronger as it goes, acknowledging that nice people don't always behave nicely and that screwing things up can be the best way to learn what you need to learn. That gives you confidence that the filmmakers will wrap things up in a way more satisfyingly (and less fakely) than the last 50 romanticcomedies-with-Kate-Hudson-or-whoever

"Little Black Book" Three stars Directed by: Nick Hurran Starring: Brittany Murphy, Holly Hunter, Kathy Bates Rated: PG-13, for language and sexual situations

Unlike those whoever movies, "Book" has great supportingactorsincluding Holly Hunter as Murphy's cynical colleague at a "Jerry Springer"-like show and Kathy Bates as the host of that show, all of whom are

adept at making snappy, witty banter sound like it might actually come out of someone's mouth.

Hunter's character, in particular, is a Janeane Carofalo-ish best friend, but she goes beyond the two dimensions that suggests, revealing the compromises you make when your job is to work on shows with themes like "I Model, Then I Barf Quietly."

The movie isn't perfect its PG-13 rated naughtiness, for instance, recalls the TV version of "Sex and the City," where grown women say "thingie" and "do it" instead of the words they'd really use. But, for the most part, the people in "Little Black Book" act like real people do, and they look real, too.

Here's what I mean: The movie gives prominent roles to two actresses over 45: Bates and Flunter. That's unusual enough, but neither of them has had work done. That doesn't sound like a big deal, but in Hollywood, where actresses over 45 might as well be dead and almost all of them have had surgery, it's practically historic.



Bring in your UNO student or faculty/staff ID and get a chocolate, vanilla or twist soft-serve ice cream cone with purchase of two tacos.

> 1502 S. 60th St. (OND to divoz taul.) 551-6088

Omaha's 150th Birthday



Fireworks lit up the Omaha skyline on July 17 as part of Omaha's 150th Birthday Celebration.

"Without a Paddle" endearing, enthralling

REVIEW BY SOMMER LEINBACH

Senior staff writer

There are few '80s children who can say with all honesty that they weren't enamored with pirates and treasure hunting after watching the wildly entertaining movie "The Goonies," which has grown to near-cult status with its admiring fans all grown up with jobs and DVD players. Sitting in the theater watching "Without a Paddle" was surreal. With a grown up cast, "Without a Paddle" flirted with a part of me that still desperately wanted a life of adventures and pirates.

Four boyhood friends grow up and



assume relatively respectable places in society. Billy Newwood (Antony Starr), Tom Marshal (Dax Shepard), Jerry Conlaine (Matthew Lillard) and Dan Mott (Seth Green) spent their childhood building a fort, plotting daring feats of bravery and daydreaming about the lost treasure of an airline hijacker that was lost not far from where they lived. Their childhood was pretty regular, with Billy being the charming, outgoing one, Tom being the constant screw-up, Jerry unable to grow up and

commit and Dan, all too eager to grow up and so stricken with panic and phobias he barely knows how to live. The stereotypes are never two-dimensional, however. Each character stands out in his own way, exploring the ups and downs of being who

> meant to become. The boys, now in their early 30s, are reunited under the cloud of unfortunate events. Billy has died, and the funeral shows that when it comes to the personalities of the boys, nothing has

they were always

changed. Reminiscent of the reuniting women of "First Wives Club," the boys of "Without a Paddle" spend the evening rehashing the past in their old fort, which has somehow withstood the test of time. Their old dreams and treasures remain in the fort, as well as the old plans to hunt out the lost treasure of D.B. Cooper. As it turns out, Billy had returned to the fort before them and plotted out a more precise adult version of their plans. Under the guise of a memorial to Billy, the three friends decide to rent a canoe and follow the plans Billy had laid out for the trip. Cue the forthcoming chaos.

Murphy's Law can't even touch this doomed hiking trip. Between the bear, the rapids, the crazy mountain men and the flower children, there's no topic too sacred, no idea too overdone for this movie to cash in on. The chaos may be partially predictable and some of the storyline horribly silly, but there's an explosion of talent that simply can't be denied. Whatever shaky stupid humor the film may have been built on, the expressions of Lillard and the size challenges of Green transform a potential bummer of a movie into a brilliant spectacle of survival and humor. The laughter in the movie

see PADDLE, page 27

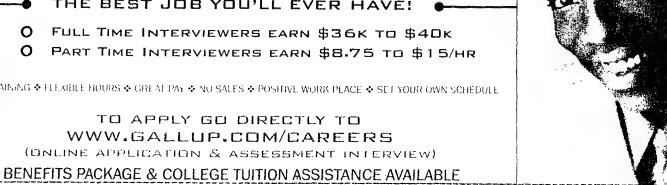
GALLUP

Not a Telemarketing Position! • Hiring Telephone Interviewers We have Omaha offices in Old Mill that are close to campus!

- THE BEST JOB YOU'LL EVER HAVE!
- O FULL TIME INTERVIEWERS EARN \$36K TO \$40K
- O PART TIME INTERVIEWERS EARN \$8.75 TO \$15/HR

PAID TRAINING ♦ FILLABLE HOURS ♦ GREAT PAY ♦ NO SALES ♦ POSITIVE WORK PLACE ♦ SET YOUR OWN SCHEDULE.

WWW.GALLUP.COM/CAREERS

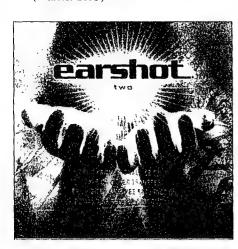


D reviews

SOMMER LEINBACH

Senior staff writer

Earshot $T_{t}vo$ (Warner Bros.)



Hailed as a brand of nü-metal, Earshot's sophomore album, Two, is hopeful but not too full of itself. It's cleaner and more professional sounding than the debut album, Letting Go, but it fails to fall far from the cookie-cutter hard rock/nü-metal formula tree.

The gritty guitar work and lonely, jaded vocals of the talented Will Martin give the album a grungy professional garage band sound, a setup perfect for wide radio play. At certain points of the album it's hard to discern one song from the next. There are numerous songs about being a misfit and desperately wanting to belong, which seems strange since it's obvious Earshot is trying so hard to stand out. There are enough prerequisite lost love songs on the album to carry a lovesick teenager through any crush and plenty of dark lyrics to close your eyes and get lost in. Two feels like a noble attempt at feeling out the edges of possibility and coming back with favorable data.

Album favorites "Nice to Feel the Sun" and "Should've Been There" offer generous helpings of the full range of Earshot's ability to create its own musical handwriting. If the band's third album goes the way of these two songs, Earshot will become legends in the field of adventurous music. If the band sticks with the tried and true formula for angsty gritty hard rock songs, however, it will be forgotten among the masses of bands fighting for the spotlight. Not even Martin's beautiful voice will save this band if Earshot doesn't break the boundaries with its next album. And that'd be a shame.

Less Than Jake B is for B-Sides

What were the members of Less than Jake thinking when they made this album? They do ska and alternative rock with bravado and snub anyone who dares to dislike them. Yet B is for B-Sides sounds like they pulled the songs out of a Mighty Mighty Bosstones discard clearance bin.

"Portrait of a Cigarette Smoker at 19" offers a comical blend of swanky lyrics and bouncy horn additions, but then you go on to the second and third songs and it becomes apparent the album is going to be one very long song. For a band that knows how to create music with the best of them, listening to B is for B-Sides becomes increasingly uncomfortable. It's hard not to feel a little embarrassed for Less Than Jake.

Once the catchy opening ska songs pass, the album slips into a painful-to-bear series of poppy punk songs not entirely



unlike Blink-182 and not as good as Jimmy Eat World. With each passing song, one has to wonder if Less than Jake is a band of high schoolers not yet able to grow facial hair or a group of veterans of good music. Long time fans of LTJ will be irritated and cheated of LTJ's potential, while those who've not been introduced to the talent this group is possible

Lucia Micarelli Music from a Farther Room (Reprise)

This beautiful woman sure can make beautiful music. Lucia Micarelli delivers Music from a Farther Room into the hands of people who don't yet know they like this kind of music.

You don't have to be a fan of violins and orchestra to recognize talent and appreciate a kind of music that settles you and takes you some place else. Never has a more complete album been made like this since Conjure One's brave experimentation.

Some of the songs are just lovely, excellent background music. Most of the songs do not feature lyrics, just raw music as it was always meant to be played. "Lady Grinning Soul" is made for bodies to move to, slipping down inside to the places that tap out beats to good songs and force us to close our eyes and sway when we become so bewitched.

The best song on the album is the bonus track "Nocturne," a kind of dark fairy tale of a song that breaks midway through into a near spiritual rendition of Queen's "Bohemian Rhapsody." The song is inspiring, a tremendous leap for music from widely fistened to rock and pop. This album will passionately beat into you music knowledge and taste. It proves that dreamy violins and mastered piano impressions aren't just for musically challenged old ladies.





U]]ones of creating will find B is for B-Sides a fun summer soundtrack. In all honesty though, we can only hope when LTJ is questioned about this album later in life, the members will grin imanda Sendorafi sheepishly and admit they wanted to revisit their youth and just have a little fun. They'll politely apologize to their adult fans and then serenade us with some bouncy experimental rock and roll. We can only hope. 'Wow! Look what the cat's in drag in!'

WBLLENJOYIT. The Student Programming Michelle Weare Organization offers you the chance to get involved on campus by programming the campus entertainment as well as the opportunity to enjoy lots Cassie Greisen of activities! Kyle Harvey & The Great Disappearing Act Noon, MSBC Plaza Drive-in Movie: "50 First Dates" 7:30 p.m., Pep Bowl 9/7 Angela Shelton, "Searching for Angela Shelton" Noon, MBSC Nebraska Room 9/21 Michelle Garb "Fat Brain, Skinny Body" Noon, MBSC Nebraska Room

YOUR STUDENT FEES PAID

FOR IT, SO YOU MIGHT AS

M-4 Motion Simulator 9:30 a.m. - 3:30 p.m., Pep Bowl Althea Rene', Jass Slautist 7:30 p.m., Strauss Recital Hall 9/28

Homecoming Hoedown

Look for more details to come

Theo from Road Rules 10/27 9;30 a.m. - 3:30 p.m., Pep Bow

Lazer Tag 11 a.m. - 1 p.m., MBSC Nebraska



Catch up with coffee shops around town

SOMMER LEINBACH

Senior staff writer

Caffeine inspiration has become the drug of choice these days. While Omaha hasn't been saturated with Starbucks and Dunkin' Donuts like the East Coast, a growing number of coffeehouses have been creeping up with varying degrees of starces.

What makes a coffeehouse worth spending hours of study time in? Everyone probably has a favorite haunt for their own particular reasons, but generally people look for Internet access, comfort, lighting, good music and good coffee. Strangely enough, the taste of the coffee is closer to the bottom of the list as opposed to atmosphere, which seems to be the deal closer for all local coffee haunts.

Caffeine Dreams, located at 4524 Farnam St., offers up everything anyone needs in a good coffeehouse. Exposed brick walls, stainless steel tables and rotating exhibits of local artists offer up a distinctly urban atmosphere found in swanky dives in places like Seattle and Chicago. Caffeine Dreams knows it's a hip place, one of the only coffeehouses in town to cater to that kind of tone. Several couches and cushioned chairs fill every corner and wall space that the mismatched shaped tables don't fill. It's not surprising to see the same faces hundred over laptops connected to the wireless Internet access day in and day out. Luckily for them, the coffee here is fantastic. A whole range of snob-coffee drinks, savory earthy teas and fruity summery smoothies load up the menu to cater to all tastes. As if Caffeine Dreams didn't do everything right already, they also have delicious sandwiches and hummus plates to get you through late night cram sessions. The best part about Caffeine Dreams is the large patio deck out back with comfortable chairs, fairytale gardens and big table umbrellas. Caffeine Dreams accepts cash, checks and credit cards to suit everyone's needs, and is open late - until 11 p.m. Sunday through Thursday and until 1 a.m. Friday and Saturday.



Audra McAvaddy prepares a cappuccino for a customer at Caffeine Dreams coffee shop.

From left to right, Jamie Gilmore, Andrea Miller and Rachel Irwin play a game of Scrabble while relaxing with their coffee.

Crane Coffee is the major coffee chain in Omaha, but fortunately, they don't choke you with the fact. The coffee is decent, though only about as average as making your own, the pastries are plentiful and the staff is usually composed of exhausted or peppy college students. Still, there are plenty of places to sit, and while the music can sometimes feel too loud and the noise of chatter can take away from the ability to study if the place is crowded, the one thing Crane Coffee has that others don't is a drive through. The drive through can be a godsend for the college student who is always running a bit late. Try the Crane location on the corner of 60th and Center streets for that before-class caffeine run.

Blue Line Coffee, at 4924 Underwood St., is located close to UNO in the bustling Dundee area. The cafe is smaller than some of the other places in Omaha, but has a certain charm and distinction missing from everywhere else. The benches and tables are small and close together and the lighting is mostly natural, giving Blue Line a warm, scholarly feel. The coffees are some of the best, the cappuccinos are always topped with fluffy thick foam and Blue Line coffee is fair trade certified. Blue Line tries to be neither desperately urban or artsy. It tries only to be a humble coffee shop with quiet background music and comfortable dark corners for working. Blue Line customers will be treated to some of the nicest, most gentle staff and an owner who is a blast to talk to. Blue Line does not accept credit cards right now, but that's okay because the prices are much lower than at other houses. Blue Line's more recent addition is a shelf dedicated to Bookcrossing (www.bookcrossing.com) trades. Come in, drop off a couple of books on the Bookcrossing shelf, see if there are any you'd like to take and enjoy a milkshake, tea or coffee of your choice.



photo by Michelle Brshop

Mary Cornell (left) and Jessica Wilkening study as the smell of hot coffee fills

the air.



Charlie Wessel (left) and Joe Carmicheal enjoy their coffee at Caffeine Dreams coffee shop.

Rounding up the list is the very new and very close to UNO campus, Scooters on the corner of 72nd and Dodge. It's another chain, but this one is drive through only and the coffee is definitely worthy of the competition. Scooters isn't special, though, and there's no place to study. In this case you're paying for convenience and that's nothing to shy away from.

Whether you want to stay close to campus or venture downtown to some of the other great coffee shops, it's up to you. Each café has its highs and lows and your preference will be built completely on taste. Maybe we like the coffee or the staff or the excellent choices of music playing overhead, but whatever the reason you choose your favorite coffeehouse, good luck — choosing among so many great places can be tough. And don't forget to show your love to your favorite barista!

Notable quotables

KNIGHT RIDDER/TRIBUNE NEWS SERVICE (KRT)

"Look at the five friends that you spend the most time with, that's who you are. When I was a kid, I looked around and I wasn't impressed. If you are the smartest person in your squad, then you need a new squad. Be around people you want to be like or who will advance you."

-Actor Will Smith ("I, Robot"), on his advice to teens in high school, in Teen People.

"I served donuts when I was 17, at a huge music festival in England. But it wasn't easy, I broke the diet I was on at the time."

-Actress Kate Winslet, on her favorite summer job, in People.

"I eat a lot of cheese. I don't know if it's some sort of old wives' tale, but apparently if you eat cheese late at night, it's not good for you. But fortunately, I don't have weird dreams that much."

-Actor Chris Rankin (Percy Weasley in the "Harry Potter" movies), on ym.com.

Distributed by Knight Ridder/Tribune Information Services

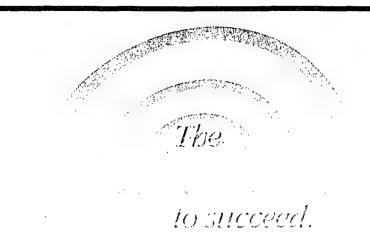
CONNECTING TO WITH OPPORTUNITIES...





On-line job listings and resume posting Career preparation workshops
On-campus interviews
Career events

Watch for our move to Eppley Administration Building, Room 211 in mid-August. Stop by to find out more about what we have to offer and to register on our NEW on-line job search system. For more information, call , or visit http://unoceo.unomaha.edu



Commercial Real Estate Finance Track

Real Estate and Land Use Economics

The commercial real estate finance industry is on the move! And a prospective professional in this field, you can choose from a diverse and exciting mix of career possibilities—either close to home or around the world.

It all starts here. Recognized and respected as one of the best undergraduate programs in the region, the UNO Real Estate and Land Use Economics program is focused on giving students the competitive edge. Our graduates have gone to related careers regionally, nationally and internationally.

The Commercial Real Estate Finance track prepares students for a variety of careers. We'll help you reach your goals through specialized education in appraisal, finance, law, investment analysis of income-producing property and property management. Our curriculum focuses on applied concepts and theory, coupled with real-life examples and opportunities that put your knowledge to work.

Choose Your Path

As a commercial real estate finance professional, you may be responsible for loan origination, underwriting, loan servicing or packaging, or sales on the secondary mortgage market, among other possibilities. You may work in the agricultural, commercial, multifamily or other market segments. Or maybe you'll choose to get involved in financing new development, construction or existing investment property.

For more information, contact:

Dr. Roger P. Sindt College of Business

Department of Economics/Real Estate and Land Use Economics

Commercial Real Estate Finance

Office: (402) 554-2802 http://cba.unomaha.edu rsindt@mail.unomaha.edu

'The Village' offers intrigue and suspense

REVIEW BY SOMMER LEINBACH

Senior staff writer

No doubt you've read the reviewers of movies denouncing M. Night Shyamalan's talent as a breed of talent no longer tolerated amongst civilized cinema. No doubt you've listened to your friends return from a showing of "The Village," complaining that the hype of the movie was the biggest lie in Hollywood. If you've heard these things, let me tell you in no uncertain terms that they are all absolutely, painfully dead wrong.

Shyamalan no longer has to win us over with his gifts and the vastness of his imagination. He visits upon theater-goers stories that haven't been done before, tales that are new and unsettling. After so many sequels, remakes and adaptations, we cling to original storytellers like him. When trailers for "The Village" began to cropup, everyone was convinced it was going to be as ghostly and scary as "The Sixth Sense," regardless of the fact there was very little context as to what the movie would actually be about. The naysayers were not upset because "The Village" was a bad movie; they were upset because it was a different movie than they expected. Perhaps the victim of bad marketing, "The Village" deserves a deep breath and a second shot by those moviegoers who felt cheated the first time.

We find ourselves in a valley of knee-high grass, a schoolhouse right out of a Tom Sawyer story and long communal tables where the entire community can sit together and feast. Circling the village is a Brothers Grimm-esque forest with twilight charm and whispering trees. This is where the movie evolves, treating us to characters and relationships that belong to the pages of a fairytale.

The village is presided over by a council of elders including Edward Walker (William Hurt) and Alice Hunt (Sigourney Weaver), who keep the town running with a kind of simplicity only read about in history books. The village lives in the shadows of the late 1800s, where women knit on porch chairs, men plow fields and children attend classes together regardless of their level of learning.

Despite how peaceful everything looks, along the edges of the village are spires of oil burners that keep firelight vigils every night, a distinctive lack of color and a pervasive fear that appears behind the eyes of every man, woman and child living here. This is where Shyamalan's talent really pulls together. Like most children, those of the village grow up learning stories of monsters that teach them about morality. Only the monsters under the bed and those that go bump in the night are real, living in the woods around the town and attacking only if someone from the village enters the woods. There's a truce between fable and fact where red, the color of blood, incites anger in the creatures of the night.

Ivy Walker (Bryce Dallas Howard) is a blind tomboy who has learned to succeed and outwit in a dark world. In this fairytale, she is like Red Riding Hood, with lovely curly red hair and powerful intuition. Her passion for the quiet and sensible Lucius Hunt (Joaquin Phoenix) inspires a chain of events to unfold that are catastrophic and unpredictable, the cornerstones of Shyamalan's tales. Ivy braves the woods alone, when all others are beaten back by their own imaginations.

Howard outshines everyone in her debut performance. The perfect pairing of her pale features and Phoenix's dark brooding looks offers the story something more than just

cheap suspense and well-staged thrills. Rounding up the striking cast is Adrien Brody as Noah, the stereotypical village idiot with a far more desperate role than any that have come before him. Brody jars us with his unsettling behavior, leaving parts of us to understand that there is something not

altogether right about young Noah.

What Ivy finds beyond the woods is the twist and the secret of the story and it's not something I'm going to tell. The Brothers Grimm would be proud of this modern tale of humanity, isolationism and morality.

'Collateral' keeps viewers on the edge of their seats

REVIEW BY CHRIS HEWITT

Knight Ridder Newspapers (KRT)

Taut, exciting and intelligent, "Collateral" is just the movie this summer needed.

There has been plenty of good stuff, but "Collateral" is the edgeof-your-seat thriller that appeals to the part of us that wants to bungee-. jump, play high-stakes poker and wolf bacon cheeseburgers with fries and a malt. In fact, it's only toward the end when a killer named Vincent (Tom Cruise) gives a cabbie named Max (Jamie Foxx) a lecture whose contents we have already figured out that "Collateral" gets a whiff of selfimportance, a feeling that, just before we bungeed or placed our bet or gorged ourselves, we were handed a pamphlet warning us those things aren't safe.

The movie boils down to this: Vincent has to kill a bunch of people, and he's forcing Max to drive him around L.A. while he does it. The simplicity of that premise is part of what makes "Collateral" so entertaining. We don't know much about either man or about why Vincent is on this mission. All we know is that the movie keeps working Vincent into tight spots he can't possibly wriggle out of, and then he doesn't just wriggle out of them, he slides elegantly into his next move.

Director Michael Mann goes for a sharper focus than he did in "Heat." This movie has none of that one's epic quality, but its leanness is an advantage because it helps convince us that every

"Collateral"
3 stars
Directed by: Michael Mann
Starring: Jamie Foxx, Tom
Cruise, Jada Pinkett Smith
Rated: R, for strong violence
and language
Should you go? Yes. Don't be
put off by the gives-away-toomuch trailer. There are plenty
of surprises left.

decision has been made for a reason.

It's important, for instance, that even the small roles are cast with recognizable actors because it gives us a sense that any of them could blow up and become bigger roles. It's important that the movie was shot on video, which gives it the look of life viewed through dirty contact lenses and that it occasionally puts us on edge by switching to film.

It's also vital that a "nice guy" like Cruise plays the vicious Vincent. The film exploits our relationship with Cruise, who sports gunmetal gray hair. It uses the fact that he ordinarily plays nice people but is too distant and remote to seem nice himself. There's a similar contradiction in Vincent, a bad guy with a strong moral code, and our ambivalence about Cruise the actor matches our ambivalence about Vincent the character (P.T. Anderson did pretty much the same thing with Cruise in "Magnolia").

Foxx is equally effective as Max, a good guy having a very bad night. The movie is really about his character, and Foxx's unquestioning decency makes Max the one person we can count on in a movie where virtually nothing is as it seems.

Comments?
Concerns?
Complaints?
Write the Editor at editor@gateway.unomaha.edu



The University of Nebraska-Omaha School of Communication has more than 600 students. The B.A. and B.S. degrees teach media and speech skills through theory and practice that lead to employment. The M.A. offers a core in communication theory and research, along with a wide range of specializations. A graduate certificate is

available in training and development.

Undergraduate Majors: Broadcast News;
Broadcasting- New Media; Journalism- News
Editorial; Public Relations/Advertising; and

Speech Communication

Featuring: Internships; Scholarships; Award-winning faculty; Active student professional organizations - Public Relations Society of America, Society of Professional Journalists, Ad Club, National Broadcasting Society, American Society for Training and Development, Forensics; Excellent student access to production equipment and facilities

For more information contact:

Dr. Jeremy Lipschultz, Director School of Communication Arts and Sciences Hall 108 554-2600

email: jlipschultz@mail.unomaha.edu web: communication.unomaha.edu

A PAR

Female 'Odd Couple' a fun twist on an old classic

REVIEW BY LYDIA SHANNON
Staff writer

What do you get when you gender switch a classic like "The Odd Couple"? Well, in this case – the Millennium Theatre's production – you get a somewhat hilarious shadow of the real deal. Through no fault of the cast, who were all outstanding, this play suffered from sluggish writing. The use of strong language did nothing to help the script.

This female twist on "The Odd Couple" takes place during the '80s at Olive Madison's apartment. Olive is the messy one and her apartment testifies to that fact. She has invited some of her friends over for a girl's night out to play Trivial Pursuit among the garbage. Florence Unger, the clean half, is late to arrive and is in the depths of despair.

Her husband has just announced that he is divorcing her and her friends are convinced that she is ready to commit suicide at any moment. They won't even take the chance of letting her go to the bathroom alone. Eventually Olive invites Florence to move in with her and hilarity ensues.

The first act focuses mainly on the events that force this odd couple together. The second act follows Olive and Florence as they try to make their living arrangement work, with boisterously entertaining results. Florence drives Olive nuts with her incessant need to be constantly cleaning and cooking while Olive drives Florence insane with her pigpen lifestyle. The struggle between them accurately portrays the friction between two vastly different people living in such close quarters.

While the cast as a whole worked

well together, the leading actresses were not as strong as they should have been in their roles. Anna Rebecca Kunkel was exceedingly funny in her portrayal of the unbelievably messy Olive. However, she had a tendency to overemphasize her lines and had the annoying habit of twittering her hands about at odd moments. Mary Pennisi was also hilarious as the meticulous Florence and while you could hear her emotion in her voice, you could not see it on her face.

Nicholas L. Walker and Jerry R. Ditter were intensely entertaining as the Costazuela brothers. Maggie L. Cote was amazing as the adorably naïve Vera, with wide eyes and blank stare. Lena Cigleris was marvelous as the cynical and jaded Sylvie. The talented Danielle Smith and Emily Gries rounded out the cast as Renee and Mickey, respectively.

Stages of Omaha did an amazing job

bringing the female version of "Odd Couple" to life. All of the actors hit their marks dead on and had the audience dying of laughter in their seats. While the script itself was a bit dull, the cast did an amazing job of making it work. The costumes alone were hilarious, from Florence's frilly "date" dress to Olive's tomboy look.

The female version of the Odd Couple is a fun twist on an old classic. While the script may be sluggish in some places, it is still an entertaining and worthwhile show.

The female "Odd Couple" is showing at The Millennium Theatre on the corner of 16th and Jackson through Sunday. Log on to www.stagesofomaha.com for ticket information and reservations.

Electronic adventures: Retro releases return to the `80s

REVIEW BY VICTOR GODINEZ

The Dallas Morning News (KRT)

After spending a large chunk of my Sunday afternoon on the couch gorging on VH1's "I Love the 80s" show, it seemed appropriate to romp through some newly released collections of '80s video games.

But nostalgia is a dish best served in small portions.

These retro releases are encoded in vintage-style controller casings, so you don't need a separate console to play. Just unwrap the controller, insert four AA batteries and plug the controller into your TV.

I tested the "Ms. Pac-Man" stick, "Classic Arcade Pinball" controller and Atari Paddle from JAKKS Pacific Inc. and the Intellivision 10 Video Game System from Techno Source.

Each system has several games hardwired into its guts, but quantity doesn't always equal quality.

Still, each system has at least one decent title that should entertain you for more than 30 seconds.

The highlight of the "Ms. Pac-Man" stick (\$20), of course, is the little yellow lady herself, and she chomps pellets and ghosts with a satisfying electronic crunch.

Space shooter "Galaga" is also a pleasant inclusion on the system and illustrates how the industry was already evolving beyond the simple mechanics of "Space Invaders."

"Xevious", "Mappy" and "Pole Position" are also included. I couldn't get my car to turn at all in "Pole Position," even though the controller seemed to work fine on the other games.

The "Classic Arcade Pinball" controller (\$20) is exactly what it sounds like, three pinball tables loaded into the circuits of a standard controller. One cool innovation: The controller has a built-in mechanical plunger that you have to pull to release the ball.

The Atari Paddle (\$20) was the biggest disappointment of the bunch. Although it has 13 games built in and even comes with two controllers for multiplayer fun, it doesn't have the essential paddle title. "Kaboom!" "Breakout" and "Super Breakout" are OK, but I want my water buckets and insane bomb thrower.

Finally, the Intellivision system (\$13) has a library of 10 hit-or-miss games.

"Astrosmash", "Football" and "Baseball" are dandy. But "Skiing", where you guide a stick man down a monotonous mountainside, and "Shark! Shark!", in which you are a fish eating smaller fish to turn yourself into a big fish, will make your brain rot.

You do have to award moxy points for "Space Armada", an astoundingly shameless but amusing rip-off of "Space Invaders".

Note: A \$20 Intellivision controller is also available with 25 built-in games.

All these systems have their moments and would make a great gift for any longtime gamer over age 25.

Although it's hip to denigrate modern games as shallow eye candy, these systems show just how far the industry has come.

himself as an atypical brave and intelligent three-dimensional character, there's plenty of fun to be had. It certainly does its treasure hunting predecessors proud. This movie proves that so long as you have a strong, talented cast, even kitschy, stupid humor can enthrall you. In "Without a Paddle," it's endearing



UNO Library

Your Gateway to Information



The UNO Library continues to serve the university students, faculty, staff and the Omaha community by providing an in-depth collection of print and electronic resources. Connect with information, or find a comfy place to study. Come browse through our stacks, or stop in at our Service Desks, and find the answers to your curiosities or informational needs. You'll find a wide range of resources at your fingertips, along with courtesy, creativity and a commitment to service. And of course, lots of smiles!

Check out what's new:

- * Electronic Books: NetLibrary and Safari Tech Books are now available. Check out electronic books online from anywhere in the world!
- * Coming Soon: Completion of main floor group study rooms.
- * Technology: 85+ Public access computers, each equipped with Microsoft Office 2003 and internet access. Research your paper and write it all without leaving the building!
- * Combined service desk: Circulation, Reserve and Interlibrary Loan are now all located in one area; just enter the building on the main floor and turn left.
- * Extensive collections: Over 5,000 video/dvds; 24,000 print and electronic periodicals; 750,000 books (including a juvenile selection); and a large musical od selection. Many online sources are full text.

Come in and introduce yourself — and remember. Success is found @ your library!

rafrom PADDLE, page 22

theater will become contagious and once you start, you won't stop until the credits roll. This movie is so much fun it hurts.

Fans of Green, and there are many, will be won over by his portrayal of Mott, so very different from anything he's done in movies, "Greg the Bunny" or "Buffy the Vampire Slayer." The bumbling, shy, painfully embarrassing character is a pocket-sized nerd you really hope will catch a break, but you snicker every time he doesn't. With a special appearance by Burt Reynolds as a hairy mountain man, Green doing "Star Wars" impersonations and Lillard out-performing

www.unogateway.com



UNO Aviation Institute

Degrees in Aviation Administration & Flight

Intro to Aviation Makes a Great Elective!

Scholarships & Financial Aid

Flight Training



402-554-3424 ai.unomaha.edu



license, they'll avoid prosecution. This simply isn't true. Fake ID laws are always drafted to include any kind of identification

HEALTHFUL EATING

In this 2002 photo, two University of Central

Florida students are served a ticket by a campus police officer for underage drinking.

ly on ramen noodles and fast food, Juggling classes, a job and other activities shouldn't be an excuse for eating junk food. In fact, a busy student needs to cat healthy in order to tackle a full duck one.

dent needs to can reality in white to the day's work.

Eating healthy begins in the kitchen, where you should prepare some of your own food. Most dorms house kitchens where you can enjoy easy-

to-prepare meals and snacks.
"The kitchen is not a scary place to be, but
it's more than a storage place of your refrigerator," Kevin Roberts, author of "Munchies," a

cookbook geared toward young adults who are cooking novices. Roberts has visited several col-

leges to urge students to cook, which he said is a "cheaper, simpler and tastier" way of eating. Roberts advises students to:

Start your day right by eating breakfast. You've heard this hundreds of times before:

CLEANLINESS

Students are often too lazy or seared to clean their dorm room, which turns into a veritable minefield of dirty laundry and empty pizza boxes. Cleaning your room is not an arduous task, and only requires several minutes of attention each

Joyce Bautista, a senior editor at Real Joyce fautura, a senior enter at Retain Simple, a home improvement magazine, said students simply need to "contain," or keep everything in its proper place, and "maintain" — clean with regularity. To accomplish these goals, Bautista urges students to:

Retrain from eating at desktops, and wipe them down with disinfectant. A 2001 University of Arizona study found that desktops are one of

of Arizona study found that desktops are one of the biggest gathering sites of bacteria, and may harbor 400 times as many

germs as a toilet seat. Bautista said premoist-ened wipes are perfect for cleaning desktops because students don't have to buy

don t nave to out
both paper towels
and disinfectant.

Keep dirty
clothes in hampers, one
for colors and another for
whites. This climinates the
need to sort clothes on laun need to sort clothes on laundry day. Bautista recommends using collapsible hampers that don't take up too much space

when they're not being used.

Wash bedsheets, preferably once a week.
In addition to cleaning their sheets, students should also make sure they are not dirty when

they get into bed.

Keep showers free of mildew by using after-shower sprays that don't produce too harsh

— Michael Barnett

Keep your dirty

clothes in a

ACADEMICS

Transitioning from high school to college can often mean having to get used to large lecture halls, hundreds of students to a class and professors who lecture for an hour and a half. Getting lost in the new environment is easy to do, but important to avoid in order to begin a college

career successfully.

Dr. Rob Gilbert, associate professor and orientation leader at Montelair University in New Jersey, tells his incoming students each year how

to avoid some common pitfalls:

First, he said, students should sit in the front row of classes and speak to the professor during office hours or before or after class. "Develop a personal relationship with the profes-sor," he said, "Some work shows, especially for freshmen, if they develop a relation with the faculty member early in the semester, they are more

itself to do better in the class."

Studying also becomes an issue, as students generally prefer cramming the night before rather than studying each day. Gilbert said the general rule of thumb is to study two hours for every hour of class. That should include, he said, going over notes and readings before and after class each day, doing nightly homework assigncrass each day, doing inginity nonnework assignments and leaving plenty of time to work on longer projects. "A student should do what the football team does," he said, "It doesn't wait until Friday night to pull an all-nighter for the big game. They should study a little each day."

Gilbert said the most important tip for freshmen is to believe in their abilities and resolve not to quit "If you are smart enough to

resolve not to quit. "If you are smart enough to get into college, you're smart enough to graduate with honos," Gilbert said. "I can guarantee everyone is intelligent enough to graduate. I'm



Studying two hours for every hour of class on a regular basis will help students avoid cramming the night before a big exam

not sure if they are diligent enough, but they are intelligent enough."

MANAGING TIME

Part of the allure of college lies in the scheduling possibilities—instead of sitting through class after class in one long block, students can organize their day however they like, with classes close together or far apart. But, the college sys tern demands students manage their time wisely

and effectively.

"A lot of the kids coming from high school

"A lot of the kids coming from high school

"The state through the day, from the day from high school in the day. are going to classes straight through the day, from 7:30 a.m. to 2 p.m. — their time is very structured," said Gerry Stenerson, assistant dean for first year programs at Bentley College in Massachusetts, "When they arrive at college, it's a different scene altogether. They have all this unstructured time they have to deal with.

Stenerson said studies show students who manage time efficiently tend to be the most successful students. Here are

his suggestions: I The first sten toward success is developing a daily schedule for classes, as well as the free time between them "(Students) have to accept the fact that they have this free time. Steaters on said. They have to com-matio taking advantage of that time and putting if to good use. Instead of going back to their and completive in classes, maybe instead stay and cotofficial rary and study to ran hote \blue Academics shouldn't be students on \cdots

Toolis States on cautionald "Part of college life to the octation of Choice of or anizations become

Thoughts of your first year at college giving you the creeps? Try these tips.

erm papers, dorm food, room-mates — oh, my! Freshman year at college can be a scary thing. After all, it isn't easy leaving everything you've ever known to start over in a new place populated

you're prepared for some of the challenges you will face.

To help with this task, we've prepared a primer to help students ease into their first year on campus. We include tips on cleanliness, adjusting to college academics, healthful eating and more.

These suggestions won't guarantee you a successful freshman year, but they will address some of your uncertainities as your make the transition from high school to college life.

The only thing you have to fear is fear itself!

> Eric Goodwin Knight Ridder/



■ Use plenty of vegetables when you cook. Roberts said students should buy whatever vegetable is on sale — tomatoes, broccoli, carrots — and cook it with a piece of meat or fish. — Michael Barnett

Fruits, like apples, make



Moving in with a complete stranger may be one of the scarier aspects of college life, but liv-ing with a roommate doesn't have to be a bad experience. Heather Alexander, author of "Sharing Spaces: Tips and Strategies on Being a Good College Roommate, Surviving a Bad One. and Dealing With Everything in Between," said anxiety is normal, but the experience isn't always a bad one.

Everyone has heard the roommate horror stories, Alexander said, "But the percentages are not true" - the bad ones are the ones you hear and you usually don't hear about the good ones. But when you're sharing small room with someone for nine to 10 months a year, everyone rightly is going to be a little anxious. Alexander offers some tips on get-

ting along:

The first and most important

The first and most important starting a method for effectively sharing a method for effectively sharing a room is communication. She said new roommates need to sit down and set up ground rules in order to coexist, like agreeing not to use a blow-dryer in the early hours of the morning or to not come into the room loudly at 3 are costs holds.

3 a.m. each night. Beyond that, Alexander said it is important to give each other time, even if you don't hit it off at first. "The first thing is not

to jump to conclu-

big part of a student's life and they fill a need to have a certain time for socialization. And by joining clubs and organizations, it gives structure to the day as well."

■ Stenerson said students also should plan for exercise at least three or four times a week, to stay healthy physically and to relieve stress

■ The key to fitting everything in es in aftering to the schedule, even when more appearing activities beck on. Thy to remind students this is then job, then first priority is educated to the Stenerson said. They're paying two a and the reason they go is to
learn R.—to become the first priority,
college voice, ob for the next foar years.

Grant Lexings

ALCOHOL Cot excisa. Hocal covernment, probably condiston you from dimbine ilcoholi batthey Love idepted to on eurleum, that may make or attanden and above, that it is a that next bec-Stall als should read up on their college smader C.I. Lindsay, an attorney who is executive director of the Coalmon for Student and Academic

world, there is a lot of myth and line about col

drinkin Clays, Emdsay said all students should be

campas infractions. The courts have consistently held that cofferes are allowed to assert their a interity beyond campas borders. If the local polices and you for inaderage drinking at an off camp as party, the school also can pranstry on under their also bot titles

Chao in a for alcohol without a tiquet

■ Dictorary your college ID to too as a 1-1-to reaches but about Abrief striking that it they as earling codesy ID rather than right to

of anyiety from being away from home and being in a much more stremions academic environment Sometimes you take people's attitude as being that they don't like you, but it might be some

■ If coexisting is still a problem after a outh. Mexander said it is then time to involve the resident assistant, who is framed in resolving rootumate issues. If problems coatmine still, she said most schools let stalents move after the first month. But Alexander who went finough three toom rates as a freshman, camboard a charge of address is no goarantee of better times. A filesyou have somebody packed out to move in with, you it as be mostles into a worse situation than of at you releaving. As a research into the in known - she said - But the other than a short to softer it should be a retiable than

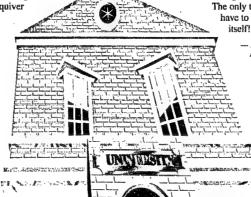
The Gateway

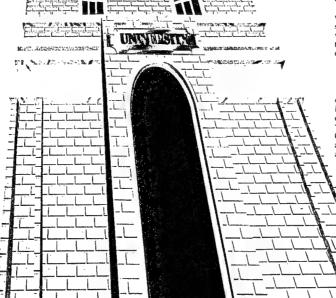
have be a torture chamber. Especially if

by strangers. You've

probably heard countless horror stories about horrendous course assignments, squalid living conditions, evil roommates and malevolent professors. It's enough to make you quiver in fear! Relax!

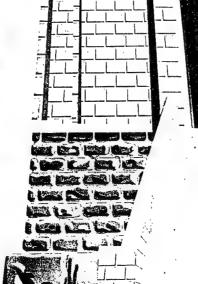
College doesn't



























Rights, which tracks issues affecting students.
"There's a lot of misinformation out there,"
I indealy said. "Especially in the high school."

Write each college and state has different

aware that

Schools can probably purash them for off

Lecase is a major offense Voluntus donarons are the enly lesar way to recover iteololico to

Evolution of Alanis: No longer angry, she's content in her own skin

BEN WENER

The Orange County Register (KRT)

Alanis Morissette had been peeling away protective layers for close to a halfhour, her tone serious but punctuated by infectious laughter. Maturation, the returnof-Saturn effect that tends to radicalize life at 30 ("I can't believe there aren't 150,000 books written about this phase"), the need to take responsibility for her feelings and step away from "a place of blame and being the victim"--it certainly wasn't light conversation.

Her life right now, she explained, is about "embracing exactly what this time period presents. That's sort of a mantra that I have in my mind every day: Whatever is presented to me, whether it's in the form of a conflict with someone or just a simple situation, there's nothing that I can't transmute on some level.

"It's exhausting at times," she added, laughing more heartily as her thought went on, "but I just make sure I give myself a break every now and then. Just tune out and read People magazine, you know?"

Perfect timing, then, to ask her to transmute a very People-esque question: What's up with her hair? "Very in-depth," she kindly mocked.

Right, it's frivolous. But after years of framing her long, drawn face with a scraggly mane that reached her rear, Morissette recently cut her 'do in half. She now sports shoulder-length ringlets. There probably hasn't been such a drastic follicle fix-up in rock since the Samsons of Metallica chopped off their locks.

Is it representative of life changes? Or did it come from just wanting a new hairstyle?

"It's a bit of everything," she said. "There's an element of my having been bored with the other hairstyle. I also used to hide behind it like a security blanket and avoid connection with people just by literally putting my head down."

I first took notice of her new look when I saw her on IFC walking down the red carpet at Cannes earlier this year. On hand to help promote the Cole Porter biopic "De-Lovely," in which she performs the composer's "Let's Do It (Let's Fall in Love)," she looked every bit the Hollywood starlet, complete with stunning, revealing gown and plenty of makeup.

"That made me wonder what the '95 Alanis would think if she could have seen this Alanis now," I told her.

"Yeah horrified!" she said without missing a beat. "We're glad she wasn't

That change is just one of many that can be put down to growing older. "When I was 21, I was so judgmental of all things Hollywood," she recalled, "and yet part of me knew that I was destined to be on the proverbial red carpet. I was judgmental yet I yearned for it at the same time.

"Whereas now, I'm aware of why I'm there. I'm comfortable with my motivation. And I'm just enjoying it."

Enjoyment is the last thing anyone would have thought Morissette experienced when she burst onto the music scene nearly a decade ago.

We all oughta know how that Alanis was. Wise beyond her years. Battle-scarred by love. Angry but justifiably so. She emerged from a difficult adolescence, largely spent making fluffy kids entertainment and fluffier pop, as a precocious girl with a poet's heart about to dive headlong into the anythingcan-happen abyss of young womanhood.

And everything did happen. By the end of 1995, the just-21 singer-songwriter's debut, "Jagged Little Pill," was well on its way to becoming one of the biggest-selling albums of all-time, to the tune of 30 million copies worldwide. Hugely influential and imitated annually, it would become one of the defining albums of the decade, scoring five hit singles and a then-record four Grammys for Morissette and taking naked confessionalism to commercial heights that esteemed forebears such as Joni Mitchell and Sinead O'Connor couldn't scale.

She had gone from being nobody with an unusual name to an icon, one who inadvertently helped usher in the era's femme-rock movement. But the spotlight was soul-draining, the aftermath of sudden success taxing.

"I thought of myself in terms of tending a plant," she said. "A plant can't survive with all that focus on it. Just give it a little water, put it in the sun and leave it alone, it'll grow. I was given too much water and too much sun."

Morissette's reaction to such media saturation has been well-covered: Retreating after two years of touring, she fine-tuned her spiritual side with an Indian sojourn, then issued her challenging second album,

"Supposed Former Infatuation Junkie." Darker, deeper and wordier, it sold a fraction of what its predecessor had. Though still her most rewarding collection, in retrospect it's the work that separated the casual fans from the die-hards.

But her last two albums 2002's "Under Rug Swept" and the recent "So-Called Chaos" though no less introspective and outspoken, have found Morissette growing comfortable in her own skin. Gone is the angst of youth and the anguish of thorny breakups; in their place, loving examinations of what's happening to her now, as opposed to what happened years ago.

She's developed a sense of humor about herself (evident in "Eight Easy Steps") and "I'mmuchmorecompassionatewithmyself," as indicated by the tender realizations of "Doth I Protest Too Much." At times she's almost exuberantly happy; "Knees of My Bees," for instance, is a celebration of love for her fiance, actor Ryan Reynolds.

Turning 30, she says, "has brought me much more to the present moment, but not at the exclusion of what's gone on in my past. I just feel like I'm using my past for my own betterment nowadays. I can still reference the past, but I don't have to live in it."

Which means the more volatile Alanis may be gone, if not forever, then for a long while. "I laugh about that now, when I hear people say, 'We wish you were angry like you were in '95.' I always think, 'Well, there are plenty of artists who want to stay in their one persona. You can go see them. Go buy their records."

Celebrity names in the news

Knight Ridder Newspapers (KRT)

We're confused by this one. British tabloid The Sun says that "secret tapes" recently surfaced in which Marilyn Monroe reveals that she either had a fling with Joan Crawford (and didn't like it) or that she turned down Crawford's advances. Matthew Smith, who's written a new book about Monroe, has the tapes, which were supposedly made by a therapist during sessions with Monroe.

Smith _ author of "Marilyn's Last Words: Her Secret Tapes and Mysterious Death" _ says Monroe "described an intimate moment in some detail and told how she and Joan had sex." But the tape is also said to have Monroe saying: "I told (Crawford) straight out I didn't much enjoy doing it with a woman ... After I turned her down, she got spiteful."

Useful reality show?

Just when you thought the depths of inanity had been thoroughly plumbed, charted and excavated, comes a new reality-TV show - and repugnant as it sounds, this one may perform a useful service.

Said service? Supplying green cards to lucky Spanish-speaking immigrants. Yep, "Gana la Verde" ("Win the Green"), produced by Liberman Broadcasting, is shown in Los Angeles, San Diego, Houston and Dallas, according to the Los Angeles Times. On it, contestants perform "Fear Factor"-esque stunts to win a year's worth of help from lawyers to expedite the residency process.

LeBlanc speaks

Matt LeBlanc, who's taking his Joey character from the defunct "Friends" to a new NBC show deverly titled "Joey," pours his heart out in the September issue of Ladies' Home Journal. On playing Joey, he is insightful, even wise.

"It's so much fun, as Joev, to never have to justify a train of thought," he says. "He's like this big jigsaw puzzle that fits together but the picture doesn't quite add up." Hmmm.

The perspicacity doesn't end there. LeBlanc's wife, Melissa, chimes in on the character with a koan that would make any Zen master proud: "There are elements of Matt in Joey, but there are not elements of Joey

Is anybody out there?

We haven't come across such a surefire idea for a light-hearted Broadway musical hit in decades: Pink Floyd's "The Wall." Think Sigmund Freud meets William S. Burroughs meets Cole Porter.

Yes, Pink Floyd's concept album/movie "The Wall," about a drug-addled, Oedipally deranged rock-star victim, will be rewritten for the stage by band cofounder Roger Waters, the Hollywood Reporter says.

Former Sony Music chief Tommy Mottola will produce. No word on exactly when you'll be able to grab the kids, hitch up the wagon and head on over to get the family "Comfortably Numb."

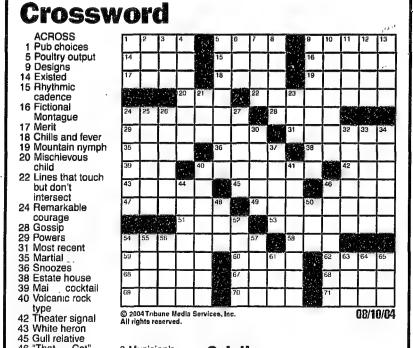
CSI: Miami cut?

The word started on fan Web site CSIfiles. com and spread to the New York Post. Word is that Rory Cochrane is going to be killed off "CSI: Miami."

R.C. plays the bookwormish-but-waycool Tim "Speed" Speedle on the Florida show, which _ unlike the Vegas version- is much more about flash than cogitation. (Compare David Caruso's cool cat to the obsessivecompulsive, Edgar Allan Poe-quoting William Petersen.)

That'd mean one less geek on television -another blow to an under-represented group dear to our hearts. A CBS rep tells the Post that a "Miami" character will die on the show's season premier, but adds that "viewers will have to wait a while to see if the Internet

see NAMES, page 39



6 Musician's booking 7 Excessive

8 Home or bed follower 9 Television

productions 10 Young or Swit 11 Prayer ender 12 Tidy 13 Puts in a lawn

21 Russ. jetlighter 23 Score of zero 24 Warmed up 25 Infuriate 68 Kitty's call 26 Go to bed 27 Intended 69 Annoyed 70 Understands 30 Drive over the

limit 32 Enclose in a box DOWN 33 More acidic 1 Wonderment 34 Prevailing tendencies 2 Comic/actress Delaria 37 Painful places

3 Goof up 4 Graduation VIPs 40 Listed 41 Turns open 44 Send forth 5 Slipping by

46 "That Cat" 47 Judged 49 Detested

"Lucky Jir

54 Droopy-eared

66 Sharp mountain

author 53 Climbers

dogs 58 Deli bread

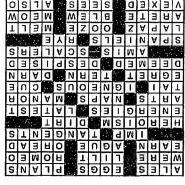
59 Capital of Bolivia

ridge 67 Gusted

60 Seep 62 Thaw

71 Too

Solutions



46 Difficult situation 48 Expire 50 Wages 52 Slovenly

persons 54 Czech or Pole

56 Summit 57 Part of a shoe 63 Sushi fish

64 __ Angeles 65 Only even prime number

Financial fraud targets young, college-educated

CHARLES E. MURRAY

(KRT)

Much has been written about slippery scam artists, callous "care givers," and greedy family members who have bilked senior citizens out of their life's savings. This has created the impression that senior citizens are especially vulnerable to financial fraud.

And why shouldn't this be? The anecdotal evidence is compelling. As a group, older Americans tend to have more money, more property, and greater savings and investments than other Americans, so they would seem ripe for the picking.

And true or not, they are also seen as more trusting and more likely to listen to an unsolicited sales pitch, perhaps out of loneliness or politeness, than your typical on-the-go Yuppie or Generation X-er.

But the data don't confirm the picture of the overly gullible oldster. What the data indicate, a story that has gone virtually unreported by the media, is that young college-educated professionals are far more likely to be fleeced than their less-educated

grandparents. If there's such a thing as being too smart for your own good, America's "20- and 30-somethings" seem to fit the bill.

According to data from the Consumer Sentinel, a database maintained by the Federal Trade Commission, financial fraud is a booming \$350 billion-a-year industry in America. The statistics are sketchy, because financial fraud often goes unreported. Many victims refuse to file complaints or won't even call the police because they don't want to appear gullible, stupid or greedy.

One common characteristic shared by all victims of financial fraud, however, is that they end up with less than they bargained for.

Another common characteristic, according to the National Institute for Justice, is that no demographic group is immune to a good scam; the victims are as diverse as the swindles and swindlers who rip them off.

The wealthy, for example, are no more or less likely to be defrauded than people with limited means. But the two groups are likely to be susceptible to different types of scams. A lower or middle income individual, for example,

will often be told by a swindler that the get-rich-quick "opportunity" he's being offered is an investment vehicle used by the wealthy. If it's good enough for Donald Trump, why not you?

While fraud doesn't discriminate on the basis of geography, gender, income or race, some people do appear to be more susceptible than others, counterintuitive, though it seems, the most susceptible are the young and educated.

Research from the National Institute for Justice and other private and government organizations indicates that high school dropouts and people with graduate degrees are the least likely to be defrauded, while those who have attended college or earned an undergraduate degree are the most likely to be defrauded.

This could be due to a number of factors, but the most likely explanations are the general lack of maturity and inexperience in financial matters in this cohort, coupled with the contemporary attitude that success comes from "working smart," not hard and "getting there in a hurry" is better than slow-but-steady.

The young and educated also

might fall prey because the media have convinced them they're not targets. People who are swindled, according to the conventional wisdom, are either unsophisticated or too old and feeble to know what's happening to them. Such misperceptions give swindlers a big advantage.

Regardless of the reason, the data confirm one fact that has been obvious for generations: a formal education does not necessarily make you "street smart."

Not too many decades ago, when schoolchildren were required to conjugate verbs and parse Latin sentences, the maxim "caveat emptor" was part of the vernacular. Today, many college graduates probably don't know what it means.

Based on available evidence, they certainly don't act like they do.

ABOUT THE WRITER

Charles E. Murray is president of the American Institute for Economic Research, P.O. Box 1000, Great Barrington, Mass. 01230; Web site: www. aier.org.

Capping loans may not always help student debt.

STAFF EDITORIAL

The Diamondback (U. Maryland)

The University System of Maryland FinancialAid Task Force is informally considering capping student loans, a major staple of financial aid packages for university students.

While the idea is only in its earliest, vaguest stage, loan caps would effectively limit

the amount of money students could borrow, which would then cap the debt students have at graduation.

Some members of the task force pointed out that students with large debts tend to later limit their ambitions, curbing their desires to enroll in graduate school, borrow money for a car or house or take jobs simply to repay debt. Teaching, for example, which is a notoriously low-paying career, may be out of the question for students who must pay off their loans after graduation. This, as State Treasurer Nancy Kopp said, "would be very adverse to the public interest," turning recent graduates off from job markets that need them.

Unfortunately, some students borrow the maximum amount available to them, whether they need it or not. But loans aren't gifts, and eventually they have to be paid off. If loans were capped, students would be more encouraged to only borrow what they need.

Higher education comes at too steep of a price for many. Financially needy students should not have to rely on aid packages constituted mostly of loans. Graduation is stressful enough as it is -- worrying about interest rates and looming debt only exacerbates the

problem.

Indeed, some students enrolled at this university because private universities were financially out of their reach. But with ever-rising tuition, some are left with little choice but to borrow thousands of dollars.

While such efforts to keep students from graduating with thousands of dollars of debt is commendable, the task force should keep the needs of the system's students in mind. Certainly loans should be a part of financial aid packages, but that's all they should be

-- a part.

The university cannot foist rising tuition costs onto students, not offer more grants and then cap the amount of money they can take out in loans. It should instead offer more funding -- like grants instead of loans - to the neediest students, thereby encouraging them to stay at the university and leave it with as little debt as possible. Students should not be punished with debt for furthering their educations.





U.S. women's softball team pays its dues

SKIP MYSLENSKI

Chicago Tribune (KRT)

Lisa Fernandez is just not believing this, not for a second. Here she is twice an Olympic gold medalist, on her way to the Athens Games, every bit the icon in softball that Mia Hamm is in soccer, and this guy's ordering her around as if she's a lowly, raw recruit.

Some of this was expected of course. After all she and the rest of the U.S. Olympic softball team were spending this December day training with the Navy SEALs. But she and some others had just completed their task -- picking up a boat, holding it over their heads for long minutes, running with it into the water and flipping it over, and jumping into it before rowing it back to shore -- and now here's this guy barking at her.

"Why are your shoes untied?"

"I'm like, 'I don't know,'" she remembers.

"Fitty pushups," he barks. "We're like, 'Fitty pushups. You cannot make us Olympians do 50 pushups," she remembers. "I said, I'm a pitcher."

"Fifty pushups," he barks.

"We did everything (on the boat drill)," she remembers. "Our team's like, 'Are you kidding me? Fifty pushups?' But we got it done."

"Why's your shirt untucked?" the guy asks Fernandez.

"I don't know," she says.

"Fifty pushups," he barks.

"Why are you celebrating?" he asks after she has completed them.

"Our group won (the boat drill)," she says.

"No celebrating. You're expected to win," he barks. "Fifty pushups."

"It was an opportunity for us to learn what it's like to work hard," she says. "You saw the tenaciousness that people had, the willingness to want to fight. Learning from the SEALs, what they have to go through, the mental toughness it takes to be on that elite thing.

"We now think of ourselves as Navy SEALs because we understand the time they put in is the time we put in. And together we're very similar. They take a lot of pride in what they do. It was definitely a bonding experience. We learned a lot about each other."

"The experience instilled the idea that you can't do it alone," catcher Stacey Nuveman adds. "I can't carry a 150-, 200-pound boat by myself. It was more than that. But I can't do it alone, and as soon as one person breaks down, the whole group breaks down. As soon as one person drops her hands, the whole boat falls. The idea is that it really takes everyone.

"It takes my teammates. It takes communication. Who's going to be the leader? Who's going to say, 'Boat up?' Who's going to say, 'Go to the water?' Who's going to say, 'Flip the boat?' All those little things that it takes to make it happen, those little tasks, are evidence as to how it works. You have to have everybody on board, you have to have everyone pulling in the same direction to make things happen.

"For us on the softball field, it's no different. We all have to be moving in the right direction both physically and mentally."

The U.S. softball team has moved to Athens, where it is expected to win its third consecutive gold medal. In 1996 in Atlanta, in the first Games where softball was contested, the women managed that easily, but in 2000 in Sydney, they lost three straight in round-robin play, barely got into the medal round and won their title with a 2-1, extra-inning victory over Japan.

Japan and China loom as their toughest rivals in Greece, where the U.S. team also must play under the cloud of a recent tragedy. Sue Candera, the 49-year-old wife of head coach Mike Candera, died in mid-July of complications from a brain aneurysm she suffered while traveling with the team on its pre-Olympic tour. That prompted USA Softball to end that tour early, but eight days after his wife's death, Candera announced he would continue coaching the team.

"Sue was so excited about the upcoming Olympics and would want me to continue on with our dream," he said on the USA Softball Web site. "Our entire family is behind this decision and we know this is what she would want us to do."

"He's a strong man, next to my father the strongest man I know," pitcher Jennie Finch told the Tucson Citizen. "And he is like a father to us. We know he's going to have that void in his heart, but she'll be right there and we'll play for Sue. She wouldn't have wanted it any other way (but for him to coach). I don't know anyone who wanted us to beat up the opponents more than her, wanting us to bring home the gold."

Finch is the face of this team, a role thrust on her when People magazine anointed her one of the 50 most beautiful people. But she is far more than that. She is also part of a daunting pitching rotation that also includes the 33-year-old Fernandez, the team's guiding light; 33-year-old Lori Harrigan, another going for her third gold; and 21-year-old Cat Osterman, who didn't give up an earned run during the pre-Athens tour.

They are expected to key their team's run to gold even though, as in men's basketball, the world has risen to severely challenge their once impregnable domain. That was surely proven at the Sydney Games, which the U.S. entered with a 159-13 record in nine international competitions. In successive games it fell to Japan, China and Australia, and was reeling as the medal round began.

"That definitely woke us up," Fernandez says.

"We could definitely see the change in other teams. It woke us up in that regard to let us know other teams are catching up. But the thing that was so exciting is that it strengthened the United States also because we realize that when our backs are against the wall, we still have the mental toughness and the ability to get it done."

"It helped us come together as a team," first baseman 1 eah O'Brien-Amico adds. "We'd never experienced that situation, and a lot of times you find out something different about your teammates when you're in that situation. So 1 know this team, heading into Athens, we're taking

Tough season could handicap the Maverick volleyball team

Angie Peck

Senior staff writer

With 13 matches against nine teams that qualified for the NCAA Division II Tournament in 2003, Head Coach Rose Shires and the Maverick Volleyball team arguably have the toughest schedule in the nation for the 2004 season, which is also Coach Shires' 15th season. Opening the season with a long road trip, the Mavericks first home match is not until early October.

Before the season's official start, Maverick volleyball fans will be able to check out the team twice, first at the annual Red-Black Intra Squad Scrimmage at 6 p.m. on Aug. 17 and again versus the UNO Alumni in an exhibition game at 5 p.m. on Aug. 21 Both matches will be held at the Sapp Fieldhouse.

The Mays fist official action will be against 2003 Division II National Champions University of North Alabama at the North Alabama Classic in Florence, Ala. Their second and third matches will be against 2003 NCAA Division II semifinalist Grand Valley State and qualifier Pittsburg State.

In the second week of competition, the Mavs will visit for the first time in school history Cal State-San Bernardino, another 2003 NCAA Division II semifinalist.

With the departure of traditional conference powerhouses North Dakota State and South Dakota State for the NCC,

the Mavericks add several non-conference opponents to the schedule along with the new face in the NCC, the University of Minnesota- Duluth. Seven teams the Mavericks will be facing this fall ended the 2003 season ranked in the AVCA Division II Top 20 Poll. These teams include North Alabama (No.1), Cal State-San Bernardino (No. 3), Grand Valley (No. 5), University of Nebraska-Kearney (No.7), Augusta (No. 14), Minnesota Duluth (No. 17) and Minnesota State University-Mankato (No. 20). The Mavericks face three new non-conference opponents for the first time in school history, Southern Arkansas, Hillsdale and Cal State-San Bernardino

Returning will be four starters and 10 letter winners from last year's team, graduating will be only one senior, setter Kylie Lebeda. The Mavericks also gained high school standouts Katie Agnew, setter and Kelsey Perlinger, outside hitter, and walk-on transfer from Wichita State Heather Hainline.

"Ibelieve Katie's athleticism, work ethic, and internal drive will allow her to come into our program and compete immediately for playing time. I am looking forward to coaching Katie, with the attitude and enthusiasm she will add," Shires said.

The Mavericks ended the 2003 season with a 12-18 record and are looking to better their sixth place finish in the NCC with a 3-11 record.

Leipold returns to Maverick football team

ANGIE PECK

Senior staff writer

Lance Leipold will be taking on the responsibilities of associate head coach, offensive coordinator and running back coach for the Maverick football team's 2004 season. Coach Pat Behrns announced in early spring that Leipold would join the Maverick football staff after a three-year absence. In a four-year span, he coached five 1000-yard rushers and served as the running backs' coach and recruiting coordinator from 1994-2001 for UNO.

In the 2000 season, Leipold served as the offensive coordinator, which was the year that UNO won the NCC title and finished 11-2.

After the 2001 season, Leipold left to pursue a position as a football administrative assistant at the University of Nebraska-Lincoln. At UNL, Leipold was responsible

care of that and getting to know each other so well that no matter the situation, we're ready for anything."

They are a mix of youngsters like the 23-year-old Finch and the venerable Fernandez. They are blessed with power, traditionally the U.S. staple, and newfound speed. They come together from schools as disparate as Texas and West Palm Beach Community College. But they are forged now by their tour and their time together, by their tragedy and that December day they spent with another elite team.

"What's so critical to us with Greece

for maintaining the recruiting video database, assisting with on-campus recruiting and directed Big Red Football Season.

Leipold has coached for several staffs that have made post-season appearances in Divisions I, II, and III. His coaching career started in 1989 at the University of Wisconsin-Whitewater, where Leipold earned both his bachelor and master degrees. After a couple years coaching at Wisconsin-Whitewater Leipold went on to coach at Doeche College for a couple season before returning to Wisconsin-Whitewater as an offensive coordinator in 1990. That year he helped lead the team to a 9-0 regular season record and a berth in the NCAA Division III playoffs. A graduate assistant coaching position at the University of Wisconsin came available and Leipold moved to Division I football. Leipold helped UW to lead the Big 10 in offense in its Rose Bowl season.

is the mental toughness," Fernandez says, thinking once more of her time with the Navy SEALs.

"The mental toughness it's going to take to realize you can accomplish whatever you put your mind to. If you want something, you're really going to have to sacrifice. There are times when you train that you don't want to be up, you don't want to move, you're sore. But we have to continue to go, we have to continue to fight if we want that gold medal."

An assignment that incoming freshmen can't fail

As an incoming freshman, you have a lot of adjusting to do. For many of you, it's a new city or state to get used to. It's the class load, how to use your time and how to stretch \$40 over a weekend of "fine dining" and "innocent celebrations." There's a lot to get used to for a new student, there is a lot to do, and somehow, you have to squeeze in the occasional class.

While getting your degree is important, there is one assignment that should be completed by every UNO student before he or she graduates. I, your professor of Maverickology, am giving you the assignment of running the gauntlet of UNO sports. Between men's and women's programs, we have 14 teams. Follow the syllabus and there is nothing to worry about.

Football: Schedule a meeting with Head Coach Pat Behrns, and show up late and poorly groomed. Even if it is two minutes late, do not be on time. After Behrns gets through with you, you will never be late for anything in your life and you will rediscover SuperCuts.

Volleyball: Bring a youth member of the community to a game. Sit on the opposite side of the court from the Mavericks and wait for an Amy McLeay spike. As the ball rockets past defenders, shove the tot's face in the way. The cash from the tooth fairy will be worth the price of admission. Of course, you'll have to wait until October to do so.

Soccer: Watch an NCAA qualifying match. See the Mavericks make it to the semifinals again. Have a friendly wager amongst friends as to who will be this year's leading scorer, as it is never the same from year-to-year.

Country: Cross Follow an entire race. This may require one of those mopeds they use

for the Tour de France, but it's worth it. UNO has a good program, but the biggest challenge will be pronouncing the name of sophomore Tinissia Leguiwello.

Golf: Be in the gallery when Tanis Hastmann plows the field en route to another championship. Skip that microbiology class to catch a practice round.

Swimming and Diving: Quit complaining when the pool is closed for a meet. Instead go up there and watch an underrated sporting event. The Olympics shouldn't be the only time to appreciate it.

Women's Basketball: Show up! While last year was not what fans enjoy, this team has a new coaching staff that will bring a new brand of basketball to the Sapp Fieldhouse, the winning kind. Also, don't put down



J. Parker Adair

best for the program and there's no shame in that.

Men's Basketball: Stand courtside with The Herd as Andre Tarpley gives chest pounds to the crowd following a great Celebrate Ryan play. Curtis by wearing tall white socks yourself and cheer for every rebound he pulls down. Ask Head Coach Kevin McKenna if the Laker Girls are really

that hot in person.

Hockey: Flood the Qwest Center with support. Hang out with the Red Army. Throw a fish on the ice. Pull for Mike Kemp to have his best season ever, or at least to try hard enough to keep his job. Show up for Weasel Weak. Learn what "Chicken sh*t" is all about.

Wrestling: Realize what a great power the UNO wrestling dynasty has become. Go to the NCAA championships at the Sapp Fieldhouse this March. Understand that the wrestlers are some of the most downto-earth athletes on campus. Talk with Head Coach Mike Denney for an hour and not once mention wrestling...it will change your life.

Track and Field: Attend the National Championships at Burke High School. Hang out with the team

Lisa Carlsen. She did her at a meet in Lincoln, an indoor one if possible. They are fun to watch, and have a track that should belong to NASA.

> Tennis: Just once, watch Pam Le and Maggie Russell breeze past top doubles competition. Along the way, you're sure to find UNO close to a rout of another opponent.

> Baseball: Enjoy the scavenger hunt that is finding the home field for baseball. In the meantime, you may get to see some different stadiums giving a nice change of scenery. Go to the Creighton game, one that UNO could very well win. Make the trip to Florida, and get a free hair cut.

Softball: Get out of the way of Cheris Kuster and Jenny Pritchard. The two are UNO's top pitchers, with Kuster setting many records last year. Go to as many games early in the season as Nicole Vos needs one home run to tie the UNO career record.

This is something you cannot fail in. Outsiders say that UNO isn't a real university. Find the school spirit. Find out why top Division II athletes come to play here. Learn all their names. Learn their parents' and siblings' names too. If you learn their pets' names, Athletics Director Bob Danenhauer may just make you his successor.

This is your assignment. You can't drop and there are no incompletes. attendance Maverickology 1310, required.

Stricter rules for recruiting in place

JEFF SHAIN

Knight Ridder Newspapers (KRT)

Say goodbye, recruits, to the limousines and lobsterfests. Get ready for minivans and airport delays.

Legislation banning the perks of college recruiting cleared its final hurdle Thursday when the NCAA's Board of Directors approved six measures to go into immediate effect.

Most prominent: a requirement that schools use ordinary transportation to get recruits to and around campus. The ban extends to the use of private planes as well as limos.

Rural schools argued the new rules will put them at a disadvantage, forced to endure connecting flights or face long drives to pick up recruits. In the end, though, the proposal was given unanimous approval.

'We decided we needed to establish this baseline," said board chairman Robert Hemenway, University of Kansas

Some even have applied the argument to Florida's Big Three schools. While the University of Miami is 30 minutes from Miami International Airport, Florida and Florida State are served by small airports.

"Some are going to perceive it that way, but the University of Florida has a Jot to sell," said Florida athletic director Jeremy Foley, who served on the NCAA task force that recommended changes.

The UF campus is 90 minutes from major airports in Orlando, Tampa and Jacksonville, "If a coach goes and picks him up, he gets to spend two hours in the car with that kid," Foley said.

Other rules require all schools to adopt a written policy outlining guidelines for official visits. Those guidelines must include a ban on

alcohol, drugs, sex and gambling.

Violations would bring self-imposed sanctions. The NCAA also could impose additional penalties if it determines the infraction was "fundamentally contrary" to the stated policy.

The moves were designed to reduce what NCAA president Myles Brand called "a culture of entitlement, the sense that no holds are barred in terms of recruiting student-athletes. We've got to bring that to an end."

The situation was brought to light by recent high-profile scandals, one featuring UM signee Willie Williams.

A recruiting diary published by The Herald detailed lavish treatment Williams received while on recruiting trips. He also was charged with a felony and two misdemeanors while visiting the University of Florida, and a closer look produced a lengthy arrest record.

Briefly under house arrest, Williams was placed on probation for the UF incidents. He was admitted to Miami last month.

Meanwhile in Colorado, a grand jury is looking into allegations that the CU athletic department used "sex parties" to help lure recruits. An internal investigation recommended changes, but coach Gary Barnett kept his job.

Richard Lapchick, head of UCF's sports business management program, said situations such as Colorado's are more common than many think. He said two of his students, recruited by Ivy League schools, also employed strippers during recruiting.

You'd like to think if we can contain the problem at Colorado, it's probably over," Lapchick said. "But we're talking about the need for a broad cultural shift here."





North Central Conference at a glance

COMPILED BY ANGIE PECK Sports editor

The ever-changing North Central Conference loses two more schools but gains one. The now seven-school conference is starting to show signs of unraveling, but UNO continues its long-standing relationship with the NCC.

Formed in 1921 the NCC has been a strong conference at the Division

conferences in the NCAA, the NCC has retained its four founding members. Since it joined the NCAA ranks 55 years ago, the NCC has produced 43 NCAA Division II team champions and over 250 individual national titleholders.

In the last few years, there have been major changes to the conference. Morningside College exited the conference in 2001, stepping down

Northern Colorado decided to upgrade to Division I starting in the South Dakota State University. The schools are moving into Division IAA in football and Division I in all other sports. The NCC did add University of Minnesota-Duluth. With the loss of North Dakota State and South Dakota

Il level. As one of the more stable from Division II competition. State, many question how long the UNO will stay in the conference.

> Now, with only seven teams, 2003-2004 season. Departing this year scheduling is a little more difficult. are longtime conference members. In some case two teams might North Dakota State University and not face each other until the NCC Championships.



University of Nebraska-Omaha Mavericks Member Since: 1934, rejoined 1976 Location: Omaha, Nebraska

UNO comes off a year where the men's basketball team won the NCC championship and the wrestling team won the National Championship. Soccer, golf, and football all came close to winning championships, and UNO is in prime shape to make a good run in most sports for the NCC title. The hockey team and volleyball team also showed improvement as last season ended while picking up some good recruits to continue their improvement. With a new women's basketball coach, UNO will rarely be found anywhere near the bottom of the NCC.



Saint Cloud State University Huskies Member Since: 1981 Location: St. Cloud, Minn.

St. Cloud State could be compared to the Baylor Bears of the Big 12, but someone has to fill that role. Like Baylor, their good teams are ok but their bad teams are not always ns bad as people would perceive. In the last couple seasons, there has been some improvement in their football team. Their softball team and basketball team could be in the front of the conference by this season's end. The shining star at SCSU is definitely their Division I hockey team, which usually plays a two game series with UNO each year.



Minnesota State University-Mankato Mavericks Member Since: 1968, rejoined in 1981 Location: Mankato, Minnesota.

This same-named rival usually ends up at the bottom of the NCC. Like UNO, Mankato plays in Division I hockey and makes it a point to play UNO in a two game series at the end of every hockey season. Mankato is more known for their hockey team than any other sport, but they are improving in other sports and possibly in a couple of years could be competing for titles.



University of South Dakota Coyotes Member Since: 1921 Location: Vermillion, S.D.

The pride of University of South Dakota is finishing higher then St. Cloud State. Since Morningside College left in 2001, USD and SCSU have been finishing closer to the bottom of the NCC. With South Dakota State exiting this year, USD may finish closer to the top, they have had pretty good track and cross-country teams but always stumbled when it came to facing SDSU.



University of Minnesota-Duluth Bulldogs Member Since: 2004 Location: Duluth, Minn,

In their first season as a NCC member University of Minnesota-Duluth will add a little something to the mix. Fourteen of UMD's 16 intercollegiate teams - baseball, men's and women's basketball, men's and women's cross country, football, women's soccer, softball, tennis, men's and women's indoor and outdoor track and field, and volleyball - will compete in the seven-school NCC. Their hockey team will see some action against UNO. Their hockey team advanced to the National Championships last season as well as their cross-country team. The addition of UMD to the NCC is definitely going to give the top teams a run for their money.



Augustana College Vikings Member since 1942 Location: Sioux Falls, S.D.

Augustana is one of the longtime members of the NCC, though they haven't accomplished much in the 62 years they have been in the NCC. They usually have good teams in volleyball and track, while soccer and golf are their weak areas. Augustana can be expected in the middle grounds of the conference for most sports.



University of North Dakota Fighting Sioux Member Since: 1921

Location: Grand Forks, N. D.

Like UNO, UND will rarely be found near the bottom of the conference. The pressure from the rivalry between UND and UNO always helps both teams improve. UND is usually in the hunt for the title in football, men and women's' basketball, soccer and volleyball.

Soccer team looks for perfection for 2004 season

ANGIE PECK

Senior staff writer

After barely missing the finals of the NCAA Division II and being sent home with a third place trophy, the Maverick soccer team

is ready to compete in the finals this year. The Mavericks lost three seniors, Jessica Dotson, Heidi Bargmann and Stephanie Kirby along with the team's top scorer, junior Ashley Grace. After finishing last year at 17-4-2 and in fourth place after falling in the NCAA II

national semifinals, the Mavericks have some big shoes to fill for the 2004 season. But with the additions of Missouri native Brandi Lea Beale, six Nebraska transfers including Amber Richardson and Beth McGill and freshmen Ellen Petersen, Ali Portell, Danielle McCawley

> and Erin Fosnough, the shoes seem a little bit smaller.

Richardsonredshirted her freshman year at University of Nebraska-Lincoln after tearing her ACL during her senior year at Papillion-La Vista. She was named the Gatorade Circle of Champions Nebraska Player of the Year in 2002 and during her junior year she led her team in scoring with 21 points (8 goals, 5 assists). McGill, a Marquette transfer, had 11 starts, three

goals and two assists in 18 games, helping the Golden Eagles to an 11-8-1 record and a 7-3-0 mark in the Conference USA. She will play in midfield for the Mavs next year. Beale will look for time in the forward spot after scoring 204 points her first three years at Fort Osage High School (Independence, Mo.). Portell finished second on the team her junior year with 28 points (10, 8) and Fosnough finished third with 23 (7, 9). Adding to his already strong defense, Coach Don Klosterman signed McCawley to play defender and Peterson as goalie. McCawley was named team MVP and Ralston High School Female Athlete of the Year her junior year and tallied 25 points (9, 7) in her first three years. Peterson compiled a 41-14 record along with five shutouts.

Looking to continue their winning streak at Ak-sar-ben field, the Mavericks have 10 home games. The Mavericks open the season on the road against Metropolitan State-Denver, Regis and Drury before the home opener on Sept. 11 against Truman State. This year, the Mavericks are looking to win their fifth straight NCC tournament and compete for the NCAA Division II title.

Volleyball

Omaha Sports Club www.omahasportsclub.com

Coed Fall Drafts: 9/7 & 9/9

Interested?

Contact Carol at 402-391-7038 volleyball@omahasportsclub.com

2004 Soccer Schedule

Date	Opponent	Site	Time
Saturday, Aug. 21	Meet the Mavs Day	Ak-Sar-Ben Field	4:00 p.m.
Friday, Aug. 27	Metropolitan State-Denver	Denver, CO	5:00 p.m.
Saturday, Aug. 28	Regis	Denver, CO	5:00 p.m.
Saturday, Sept. 4	Drury	Springfield, Mo.	11:00 a.m.
Saturday, Sept. 11	Truman State	Ak-Sar-Ben Field	2:15 p.m.
Sunday, Sept. 12	Central Missouri State	Ak-Sar-Ben Field	2:15 p.m.
Saturday, Sept. 18	Southwest Baptist	Ak-Sar-Ben Field	1:00 p.m.
Sunday, Sept. 19	Missouri Southern	Ak-Sar-Ben Field	1:00 p.m.
Wednesday, Sept. 22	Rockhurst	Ak-Sar-Ben Field	4:00 p.m.
Saturday, Sept. 25	Emporia State	Emporia, KS	1:00 p.m.
Sunday, Sept. 26	Washburn	Topeka, KS	1:00 p.m.
Tueday, Sept. 28	Wayne State	Ak-Sar-Ben Field	4:00 p.m.
Saturday, Oct. 2	St. Cloud State	St. Cloud, MN	1:00 p.m.
Wednesday, Oct. 6	Northwest Missouri State	Ak-Sar-Ben Field	4:00 p.m.
Saturday, Oct. 9	Augustana	Ak-Sar-Ben Field	1:00 p.m
Sunday, Oct. 10	Minnesota-Duluth	Ak-Sar-Ben Field	1:00 p.m.
Saturday, Oct. 16	Minnesota State, Mankato	Mankato, MN	11:00 a.m.
Sunday, Oct. 17	South Dakota	Vermillion, SD	1:00 p.m.
Saturday, Oct. 23	North Dakota	Ak-Sar-Ben Field	1:00 p.m.
Sunday, Oct. 31	South Dakota State	Brookings, SD	1:00 p.m.
Friday, Nov. 5	NCC Tournament Semifinal	TBA	TBA
Saturday, Nov. 6	NCC Tournament Final	TBA	TBA
Friday, Nov. 12	NCAA Central Region Semifinal	TBA	TBA
Sunday, Nov. 14	NCAA Central Region Final	TBA	TBA
Saturday, Nov 20	NCAA Quarterfinal	TBA	TBA
Thursday, Dec. 2	NCAA Semifinal	Wichita Falls, Texas	TBA
Saturday, Dec. 4	NCAA Championship Game	Wichita Falls, Texas	TBA
3.45000000000000000000000000000000000000		DECEMBER OF SHEET OF THE PARTY	Kangar Jawa Jawa Jangar Ing

2004 Cross Country Schedule

•			•	
•	<u>Date</u>	<u>Opponent</u>	Site	Time
•	Saturday, Sept. 4	UNO/CU Invite	Chalco Hills, Omaha	10:30 a.m.
	Saturday, Sept. 18	UNL/NWU Woody Greeno Invite	Lincoln, NE	10:00 a.m.
	Friday, Oct. 1	NCAA Pre-Regional	Vermillion, SD Meet	4:00 p.m
	Saturday, Oct. 16	NCC Championships	Mankato, MN	10:00 a.m.
	Saturday, Nov. 6	NCAA II North Central Regionals	Vermillion, SD	10:00 a.m.
	Saturday, Nov. 20	NCAA II National Championships	Evansville, IN	11:00 a.m.



Tough season could handicap the Maverick Volleyball team

ANGIE PECK

Senior staff writer

With 13 matches against nine teams that qualified for the NCAA Division II Tournament in 2003, Head Coach Rose Shires and the Maverick Volleyball team arguably have the toughest schedule in the nation for the 2004 season, which is also Coach Shires' 15th season. Opening the season with a long road trip, the Mavericks first home match is not until early October.

Before the season's official start, Maverick volleyball fans will be able to check out the team twice, first at the annual Red-Black Intra Squad Scrimmage at 6 p.m. on Aug. 17 and again versus the UNO Alumni in an exhibition game at 5 p.m. on Aug. 21 Both matches will be held at the Sapp Fieldhouse.

The Mavs fist official action will be against 2003 Division II National Champions University of North Alabama at the North Alabama Classic in Florence, Ala. Their second and third matches will be against 2003 NCAA Division II semifinalist Grand Valley State and qualifier Pittsburg State.

In the second week of competition, the Mavs will visit for the first time in school history Cal State-San Bernardino, another 2003 NCAA Division II semifinalist.

With the departure of traditional conference powerhouses North Dakota State and South Dakota State for the NCC,

the Mavericks add several non-conference opponents to the schedule along with the new face in the NCC, the University of Minnesota- Duluth. Seven teams the Mavericks will be facing this fall ended the 2003 season ranked in the AVCA Division II Top 20 Poll. These teams include North Alabama (No.1), Cal State-San Bernardino (No. 3), Grand Valley (No. 5), University of Nebraska-Kearney (No.7), Augusta (No. 14), Minnesota Duluth (No. 17) and Minnesota State University-Mankato (No. 20). The Mavericks face three new non-conference opponents for the first time in school history, Southern Arkansas, Hillsdale and Cal State-San Bernardino.

Returning will be four starters and

10 letter winners from last year's team, graduating will be only one senior, setter Kylie Lebeda. The Mavericks also gained high school standouts Katie Agnew, setter and Kelsey Perlinger, outside hitter, and walk-on transfer from Wichita State Heather Hainline.

"Ibelieve Katie's athleticism, work ethic, and internal drive will allow her to come into our program and compete immediately for playing time. I am looking forward to coaching Katie, with the attitude and enthusiasm she will add," Shires said.

The Mavericks ended the 2003 season with a 12-18 record and are looking to better their sixth place finish in the NCC with a 3-11-record.

2004 Volleyball Schedule

Date	Opponent	Site	<u>Time</u>
Tuesday, Aug. 17	Red-Black Scrimmage ^	Sapp Fieldhouse	6:00 p.m.
Saturday, Aug. 21	Alumni ^	Sapp Fieldhouse	5:00 p.m.
Thursday, Aug. 26	North Alabama - No. Alabama Tournament	Florence, AL	7:00 p.m.
Friday, Aug. 27	Grand Valley State - No. Alabama Tournament	Florence, AL	2:00 p.m.
Friday, Aug. 27	Pittsburg State - No. Alabama Tournament	Florence, AL	4:30 p.m.
Saturday, Aug. 28	Southern Arkansas - No. Alabama Tournament	Florence, AL	10:00 a.m.
Saturday, Aug 28	Hillsdale - No. Alabama Tournament	Florence, AL	4:00 p.m.
Thursday, Sept. 2	Cal State-Los Angeles	Los Angeles, CA	2:00 p.m.
Saturday, Sept. 4	Sonoma State - CSUSB Tournament	San Bernardino, CA	12:30 p.m.
Saturday, Sept. 4	Cal State-San Bernardino - CSUSB Tournament	San Bernardino, CA	7:30 p.m.
Friday, Sept. 10	Northern State - North Central Crossover	Aberdeen, SD	11:00 a.m.
Friday, Sept. 10	Winona State - North Central Crossover	Aberdeen, SD	7:00 p.m.
Saturday, Sept. 11	Bemidji State - North Central Crossover	Aberdeen, SD	2:00 p.m.
Tuesday, Sept. 21	Wayne State (Neb.)	Wayne, NE	7:00 p.m.
Friday, Sept. 24	North Dakota *	Grand Forks, ND	7:00 p.m.
Saturday, Sept. 25	St. Cloud State *	St. Cloud, MN	7:00 p.m.
Friday, Oct. 1	Augustana *	Sapp Fieldhouse .	7:00 p.m.
Saturday, Oct. 2	Minnesota State, Mankato *	Sapp Fieldhouse	6:00 p.m.
Tuesday, Oct. 5	Nebraska-Kearney	Sapp Fieldhouse	7:00 p.m.
Saturday, Oct 9	South Dakota *	Vermillion, SD	7:30 p.m.
Saturday, Oct 16	North Dakota *	Sapp Fieldhouse	6:00 p.m.
Friday, Oct. 22	Minnesota-Duluth *	Sapp Fieldhouse	7:00 p.m.
Saturday, Oct. 23	Augustana *	Sioux Falls, SD	7;00 p.m.
Saturday, Oct. 30	South Dakota *	Sapp Fieldhouse	6:00 p.m.
Tuesday, Nov. 2	Northwest Missouri State	Sapp Fieldhouse	7:00 p.m.
Saturday, Nov. 6	St. Cloud State *	Sapp Fieldhouse	6:00 p.m.
Friday, Nov. 12	Minnesota-Duluth *	Duluth, MN	7:00 p.m.
Saturday, Nov. 13	Minnesota State, Mankato *	Mankato, MN	7;00 p.m.

Home Game

- * Conference Game
- ^ Exhibition Game

Slow-play epidemic shows no signs of stopping

STEPHEN NORRIS

The Gazette (KRT)

Nowadays, while cars, food and diets have become faster, golf is slowing down.

If you ask Arlo Cramer, tournament director of the annual Pikes Peak Amateur, the pace of golf was fine until everyone decided to imitate Jack Nicklaus.

"Everybody says that Jack was the best and there's no doubt he was the best in his era," Cramer said. "But a lot of players started emulating him and taking their time, thinking they could be just as good as him if they took their time, and they couldn't be."

Cramer remembers a simpler time in golf, when balls were hit without any hesitation and there was little glaring at the hole on a six-inch putt.

It's tough to find someone in golf who doesn't believe that slow play is a problem today, but the Catch-22 is that it's equally difficult to find someone who has a solution.

"I don't know what you really can do to shorten a round of golf that much," said Bill Martin, a professional at Patty Jewett Golf Course, the busiest course in the area. Martin said the biggest problem with slow play at Patty Jewett is all the traffic it receives.

"The number of golfers here tends to slow things down just like a highway that gets too many cars during rush hour," Martin said. "Our goal here is to keep it at 4{ hours."

"That's perfect timing," said Heather Fodor, a professional at Valley Hi Golf Course.

Fodor said if she sees someone playing slowly they are given three warnings. On the second, they are asked to move directly to the next hole. On the third, they are asked to leave. Martin said he will send course marshals to the hole to help the golfers speed their game up.

"We keep two marshals on the course at all times to monitor play," Martin said. "The marshals can give them advice on how to speed up play."

Martin and Fodor said they advise "ready golf," where, instead of the golfer with the honor teeing off first, whoever is ready goes. For beginning golfers, Martin advises them to stop at double par so they don't have a huge score.

"It should never take longer than 15 minutes to play a hole," Martin said.

When amateur golfers try and emulate their favorite pro's game, golf can become tedious, as well.

"I do blame the PGA," Cramer said. "If they'd put some teeth in their rules and assess penalties to the players on tour it would filter down (to the amateur level) and play would get faster.

You've got a guy with a 20-

handicap trying to plumb bob and they don't even know what it means. "Then you got 120 (stroke) shooters that get behind the ball to see where it's going and they have no idea-- none."

Fodor said players are threatened on the tour but it's rare that anything is

"I think some guys like Sergio Garcia, he re-gripped his club 14 times in his pre-shot routine," Fodor said. "The guys on tour have so many pre-shot routines that you can flip through several channels and come back in time to watch them hit the shot."

Even if penalties were assessed to speed the game up, four hours is typically too long, for many, to sit down and watch golf on television. Thus, golf's appeal has become a problem from the PGA down to the amateur level.

"I don't find it very fun to watch on television unless Tiger Woods is playing," said Kyle Burns, who plays at the University of Northern Colorado. "He's just the most exciting player."

Said Cramer: "I change the channel so many times to watch other things. I think the PGA is the reason everyone is too slow. Jack Nicklaus started it and everyone else decided that if you looked over the putt for 10 minutes you would make it."

College of

Education

Welcomes you to UNO!

We offer courses in:

Elementary Education
Middle School Education
Secondary Education
Library Media
Community Health
Athletic Training
Exercise Science
Recreation and Leisure Studies

Recreation and Leisure Studies Counseling Educational Administration Supervision

Special Education and Communication Disorders Health, Physical Education and Recreation Teacher Education





For more information contact: College of Education Kayser Hall 330 554-2717 www.unocoe.unomaha.edu

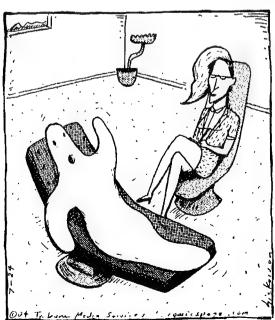
Since 1908,
UNO has helped
students make
dreams come true.

Welcome to the 2004 fall semester!

Many Belch Nancy Belch, Chancellor

The University of Netraska is an affirmative action equal opportunity institution

Nebraska Omaha



'It's awful, Doc ... I keep having these back-inside-the-body experiences."

UNO Football meets new competition for 2004 season

ANGIE PECK

Senior staff writer

The UNO Maverick football team, Coach Pat Behrns and staff welcomed 105 players to fall camp on Aug. 5 at Caniglia Field. Ranked 18th on Street and Smith College Football magazine's Top 25 preseason poll, the 2004 team includes 35 letter winners and 17 starters from last year's 8-3 team that finished second in the North Central Conference. After 21 days of practice, including five days of two-a-days, the Mavericks will open the season against rival University of Nebraska-Kearney on Aug. 27 at 7 p.m. at Caniglia Field.

Coming off an 8-3 2003 season, the Mavericks are expected to compete for

the NCC Championship and make an appearance at the NCAADivision II playoffs. With 10 defensive starters returning, and the addition of experienced players such as linebacker Randy Stella, cornerback Chris Henry and nose tackle Travis Moten, the Mavericks have a good shot at dominating in the NCC.

At Media Day, Behrns was comparing this year's team to the 2000 NCC title team that made it to the first round of the NCAA Division II playoffs. Behrns said. "Now I'm not saying we're going to be that type of defense, but we could be. And I think we're going to be a better offense than we were then."

Other key returnees for the Mavericks include junior quarterback Brian Masek, who set the school's total offense record

last year throwing 24 TD passes; junior wide receiver Chris Denney, who caught 45 passes for 806 yards and eight touchdowns, and linebackers Taiwo and Kenny Onatolu, who were both first-team all-North Central Conference players. Taiwo Onatolu was also named to Football Gazette's pre-season All-American list after leading the Mavericks with 97 total tackles and five quarterback sacks. Other returning standouts are senior veterans and second-team all-NCC picks Brett Hodge, an offensive lineman, and defensive back James I. Johnson.

Lance Leipold returns to the Mavericks after spending three years as the football administrative assistant at the University of Nebraska-Lincoln, Leipold served as the running backs coach and recruiting coordinator for the Mavericks from 1994-

2000. Leipold takes over as new offensive coordinator as well as playing the role of associate head coach and running back coach.

The NCC lost longtime members North Dakota State and South Dakota State, who are moving to Division IAA football, and added the University of Minnesota at Duluth. The 7-team NCC will give UNO just six conference games. As a result, UNO will play three schools for the first time ever, new non-conference opponents, Tiffin (Ohio) University and University of Minnesota-Crookston, both Division II schools, in addition to new league member University of Minnesota-Duluth.

2004 Football Schedule

Date	Opponent	Site	Time
Saturday, Aug. 28	Nebraska-Kearney	Caniglia Field	7:00 p.m.
Saturday, Sept. 4	Indiana (Pa.)	Caniglia Field	1:00 p.m.
Saturday, Sept. 11	Minnesota-Crookston	Caniglia Field	: :1:00 p.m.
Saturday, Sep 18	Western Washington	Bellingham, Wash.	3:00 p.m. CDT
Saturday, Sept. 25	South Dakota *	Caniglia Field	1:00 p.m.
Saturday, Oct. 2	Tiffin	Tiffin, Ohio	11:00 a.m. CDT
Saturday, Oct. 9	Minnesota-Duluth *	Caniglia Field	1:00 p.m
Saturday, Oct. 16	Augustana *	Sioux Falls, SD	1:00 p.m
Saturday, Oct. 23	St. Cloud State *	St. Cloud, MN	1:00 p.m.
Saturday, Oct. 30	North Dakota *	Caniglia Field	1:00 p.m.
Saturday, Nov. 6	Minnesota State,	Mankato, MN	12:00 p.m.
	Mankato *	The state of the s	
Home Game		Action to the second	
* Conference Game			
^ Exhibition Game	The state of the s	A special Control of the special control of the special control	(1) (1) (2) (2) (2) (3) (3) (4) (4) (4) (4) (4) (4) (4) (4) (4) (4

CLASSIFIED ADS

Notices

Advertising will be tejected that discriminates based on age, race, color, hational origin, religion, sex, disability, marital status or sexual brientation.

Lost & Found

FOR ITEMS LOST AT UNO
Contact Campus Security,
EAB 100, 554-2648.
Turned-in items can be blaimed by a description and proper identification.

Advertising for items lost br found on the UNO tampus will be published free in the Gateway for two weeks. Forms are available at the Office located in Milo Bail 1st Floor.

Help Wanted

Babysitter Needed
Looking for responsible,
hon-smoker, with own
transportation to babysit 3
children (boy 4, girl 8, girl
10) on occasional
weekday and weekend
evenings Good pay. If
interested call Cathy at
891-9097 or email
cathymc@cox net

Gateway Writer d54-2470 MBSC 115

Club Patrick's

Hiring cocktail servers. Must be 19. Apply in person at 765 N. 114th St. br print off application at www.clubpatricks.com

> New Mid-Town Location is Hiring SUPERVISORS TEAM MEMBERS

Join the hottest sandwich shop in the country as we been our newest location at 78th and Dodge. Flexible schedules, fun work environment, great food and competitive

wages.
Call Alex at 917-1986 to hear more about employment opportunities at Quiznos.

Do you enjoy working with kids? St. Plus/St. Leo School Extended Care Program needs the following personnel for the 2004-2005 school year: 1*Teacher assistants for before and after school day bare both mornings (6:30-8.30) and/or afternoons (3:00-6:00). Call for an application. Mrs. Bloan Csellar, Director at #02-551-6667.

Tier 1 Help Desk Technician # openings, various sh

openings, various shifts, Omaha, \$18-21,00 0 BOE, full benefits. Will be responsible for

taking initial trouble contacts (phone/email/ walkup) from internal system users, log the trouble ticket into the appropriate trouble ticket system, triage the root bause of the issues, solve bingle issues.

bimple issues
(if possible) at first contact
Identify proper escalation
path for complex issues,
track ticket through
tesolution, close ticket,
breate reporting as
assigned and any other

duties as identified.
Previous help desk
experience a plus,
technical background,
excellent communication
skills, detail oriented,
dependable, customer

HS or higher.

PlayNet Consulting,
A division of CSG Systems

#1225 Davenport Street Omaha, NE 68154 www.planetci.com

Contact¹ Patricia Kınsela, Recruiter, 964-1985, bmkinsella@planetci.com

WANTED

WHO MENTORED YOU??

Every child needs a role model.

Call Andria @ 444-6568 to volunteer!

Part-time Retail Sales Associate needed for The Bhop at the Union Pacific Center, 1400 Douglas. Hours are M-F 10:00-2:00. Parking Paid. Please

Parking Paid. Please contact Nickie at 402-544-5041 for further details.

A child development center Is hiring part time positions for the fall to begin in August. Please call 895-8394 ext. 1024 and ask for birector.

Part time nanny needed starting in August for 3 young children. Flexible Hours. Need Car. Close to UNO. 551-2227.

ALL EDUCATION MAJORS Middle School after school program is hiring for the fall to begin Aug. 16th. Please

and ask for director.

The Gallup Organization
Is currently hiring

Gallup offers

1Full & part-time positions

1Flexible hours 3 pm-11:30

Telephone Interviewers

*In times of times of the state of the state

Apply on-line today at twww.gallup.com/careers

Personals

Fhank you St. Jude for many special favors. KT

Services

Award winning photojournalist style wedding photography, will work on short notice. Chris 578-6456 or bhris@gateway.unomaha.edu

Musicians/
Actors/Entertainers
NEED PRESS?
Contact Moxie PR
Melissa

Mismelis9@hotmail.com Or 402-677-0930

PIANO INSTRUCTION Experienced, caring teacher with Master's Degree. Children & adults bf all ages welcome. Donna Zebolsky 991-5774

Attention Ladies – Male Dancers for hire. Birthdays, bachelorettes, all ladies lun events! 402-714-4853.

For Rent

8-4-5-6 + bedroom houses for rent. Many to bhoose from near med benter & UNO. Call Dave 672-6566. Landmark Management Group

Enclave Apartments w/d in every apt, huge floor

Wid in every apt, huge floor plans, walk in closets, pool, work out facility, tanning bed, key access entries. Located at 99th & Q Street 9910 Q Street, Omaha, NE

www.broadmoordevelopment.com

Duplex for Rent: Cathedral

Duplex for Rent: Cathedral beilings, 3 large bedroom, split level located 3 blocks from UNO. \$895 + utilities 839-3787. Available!

Roommate Wanted

Three Recently Graduated UNO students (males) looking for the right hoommate, \$300 for your from & Utilities Free! Nice West Omaha home, with washer & dryer. Call Drew ± 598-5603

Housing

APTS., HOUSES and sleeping rms. for rent, hoommate lists - call UNO bff-campus Housing Referral Service at 554-2383 or stop in the Admin. Office, Milo Bail Student Center.

APARTMENTS AVAILABLE 9 Month Lease Available #17, 421-423 North 40th Street (Between Cathedral and Joslyn Castle) Large 1 and 2 Bedroom Apartments Carpet, Central Air, All appliances Off Street Parking, Security. Lease

Appliances Off Street Parking, Security, Lease from \$375-\$495 per month Heat and Water Paid Belgrade Company Phone 893-6306 or Fax 393-4208

Announcements

Having a difficult time?

The Community
Counseling Clinic in Kayser
Hall 421 is free to students
and low cost for everyone
Call 554-2727 for an
Appointment.

GATEWAY CLASSIFIEDS

Tuesday Deadline - Friday before, 12 noon. Friday Deadline - Wednesday before, 12 noon \$3 - first 4 lines, 30 letters and spaces per line.

Commemoration of Lewis & Clark journey





photos by Michelle Bishop



The 200th anniversary of the journey of Lewis and Clark was commemorated in a performance held at Elmwood park, 60th and Dodge Street, during the weekend of July 30. From left to right, actors potray Lewis and Clark.

Above, a tribal flag/prayer song takes place before the performance.

Below left, Omaha Mayor Mike Fahey speaks before the performance.



from NAMES, page 30

rumors about the identity are true."

Smith renews vows

Jersey boy and renegade filmmaker Kevin Smith renewed his wedding vows with wife Jennifer Schwalbach Smith on Aug. 2. He did so at the Little White Chapel in Las Vegas - where Britney Spears got hitched. And he did it on camera for his regular "Roadside Attraction" segments for Jay Leno's "The Tonight Show." The surprise ceremony was arranged by his wife as a birthday present. We are flummoxed by the cosmic convergence of sentimentality, schmaltz, commercialism and true love here.

Brandy to the nunnery!

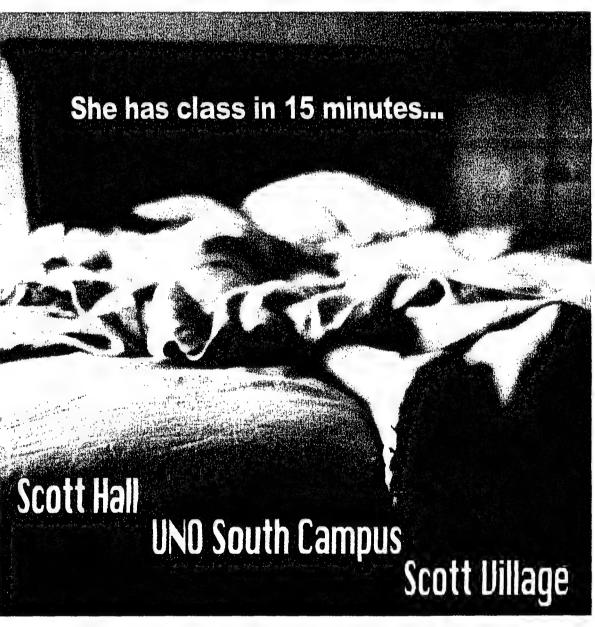
Brandy has spoken out about her marriage(s).

In Us Weekly, the R&B star takes up the reports that her marriage to record producer Robert Smith never happened: "The truth is that we didn't have a traditional marriage," she says. "We had an understanding."

What's an untraditional marriage? We have an understanding with our cat, Monster (we shop for food; he ¿eats it). This does not mean we are married.

The 25-year-old singer is more forthcoming about her impending nuptials with NBA guard Quentin Richardson: "This time, I want so badly for my marriage to work out. If it 🎚 doesn't, I don't ever want to date again. I'll be a nun, raise my ्रृदेdaughter and make albums."

Call us crazy, but we're not sure many convents have recording studios.



SLEEP LATE and RIDE THE SHUTTLE TO CLASS

Apply now 402.505.7915

www.scottresidencehall.com www.scott-village.com







MSBC 2ND FLOOR







TOMASSITO'S

An Italian Café with homemade pizzas, pane bread, lasagna, assorted pastas and sauces, chicken Caesar salads, and garlic bread.

THE AMERICAN GRILL

Old fashioned deluxe hamburgers and cheeseburgers with a variety of toppings. Serves both chicken strips and chicken sandwiches. Introducing our NEW HOT WINGS! Visit the grill in the morning for breakfast sandwiches and much more.

DURANGO'S

Featuring four toaster subs prepared with Block and Barrel meats. Try our beef philly, turkey club, bam and cheese, tuna melts and our new addition of Kettle Chips. Our self-serve sandwich cooler offers a variety of sandwiches on artisan breads that are easy to grab when on the go.

AZTECS

Try something a little spicy. Beef or chicken taco salads, our latest addition of wraps, chipotle chicken or veggie. Also taquitos, nachos and more.

GARDEN GREENS

An ever changing salad bar filled with fresh vegetables, pastas, fruits and a variety of salad dressings.

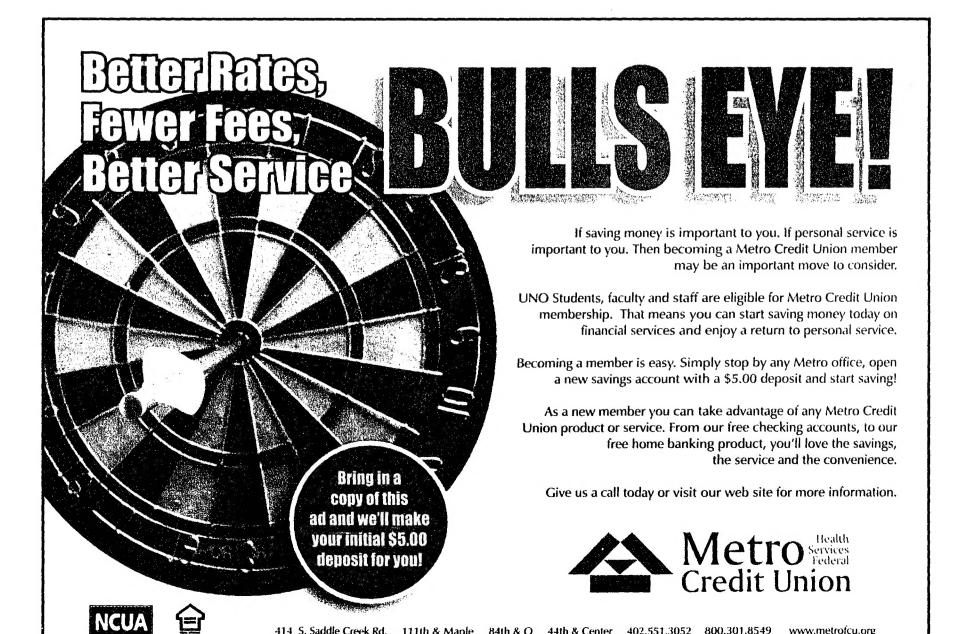
THE KIOSK CAFÉ

Open from 7 a.m. until 7 p.m., offering a wide assortment of pastries, juices, bot dogs, water, soft serve ice-cream, and proudly featuring Starbucks Coffee and Tazo teas.

THE RICE PLACE

A rotating selection of fresh toppings sautéed together and then added to your choice of rice.

THE MAVERICK BUFFET
An all-you-can-eat buffet with two entrees
and soups prepared daily. Burgers and
sandwiches from the grill, breads, pastries
and a fully stocked salad bar. Open from 11 a.m. to 1:30 p.m.



414 S. Saddle Creek Rd. 111th & Maple 84th & Q 44th & Center 402,551,3052 800.301.8549

PRSRT STD US POSTAGE PAID OMAHA, NEBR.

NEBRASKA STATE HISTORICAL SOCIETY PO BOX 82554 LINCOLN, NE 68501 ercome Ba 2004

Differen

The photo on the right was shot for the 1983 Welcome Back Thomas, Campus Security of the



Tuesday -- August 24 11 a.m. - 1 p.m.

Sloppy joes, chips and drink

Richie love - jazz vocalist
MBSC Plaza 11 a.m. - 1 p.m.
Volleyball -- Pep Bowl

Wednesday -- August 25 11 a.m. - 1 p.m.

Chicken sandwiches, chips and drink Lemon Fresh Day Band Basketball MBSC Plaza, 11 a.m. - 1 p.m.

Thursday -- August 26 11 a.m. - 1 p.m.

Clubs and Organizations Fair

Dunk Tank

DJ

MBSC Plaza

Football Pep Rally

Summer Blockbuster Movie

Pep Bowl - after rally

Friday -- August 27 11 a.m. - 1 p.m.

Popsicles Band T.B.A. Dodge Ball MSBC Plaza

